



Get healthy  
Get rewarded

# Discovery KeyFIT | 2017

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The wellness programme exclusively for KeyCare members

# Get healthy

## LEARN ABOUT YOUR HEALTH THROUGH IMPORTANT SCREENINGS

Do a Vitality Health Check at any pharmacy in the Vitality Wellness Network. The Vitality Health Check includes these tests:



Blood pressure



Blood glucose



Cholesterol



Weight assessment

One Vitality Health Check a year is paid from the Screening and Prevention Benefit on your KeyCare Plan.

If a waiting period applies to you or your family, you can only use the Screening and Prevention Benefit when your waiting period is over.

If you have a spouse on your membership, both of you need to do a Vitality Health Check to enjoy the increased rewards.



Single member  
**R47**



Member + 1  
**R57**



Member + 2 or more  
**R71**

Find more information about KeyFIT on [www.discovery.co.za](http://www.discovery.co.za) under 'Vitality'. Get all the fitness, nutrition and health support you need online.

# Get rewarded

ENJOY GREAT REWARDS AS YOU CHOOSE TO GET HEALTHIER

## HealthyFood

Get up to **15%** cash back when you buy healthy food items at



## HealthyCare

Get up to **15%** cash back when you buy personal and family care products at



HealthyCare cash back is converted into store loyalty points and paid into your Clicks ClubCard.

## HealthyGear

Get up to **15%** cash back when you buy sports gear and equipment at



Activate and get up to **10%** cash back. Do a Vitality Health Check and get up to **15%** cash back. You can activate these benefits on [www.discovery.co.za](http://www.discovery.co.za), or by calling 0860 99 88 77.

## Virgin Active

The main member and spouse save up to **67%** on monthly gym fees at Virgin Active (excluding Collection clubs).

Adult dependants 18 years and older save **50%** on monthly gym fees.



## VITALITY BABY

New and expecting parents can activate Vitality Baby. Get a gift pack filled with useful information, as well as exciting gifts for you and your baby. You can also get up to **15%** cash back on selected nappies and other baby essentials with the HealthyCare benefit at Clicks.



## Plan for the future with Discovery Life

By joining KeyFIT, you get:

**R10 000** funeral cover for you and up to three spouses >

Up to **R7 500** funeral cover for up to five children >

Do a Vitality Health Check and get:

**R15 000** funeral cover for you and up to three spouses >

Up to **R11 250** funeral cover for up to five children

Discovery Vitality

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Contact us 0860 99 88 77 | [vitalityinfo@discovery.co.za](mailto:vitalityinfo@discovery.co.za) | [www.discovery.co.za](http://www.discovery.co.za)



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