



Safety and Security

A key word when it comes to safety and security is awareness. As an individual and as a partner or a parent, it's important to learn about being secure and to teach others to be aware.

For children:

In a world where nobody is as safe as they hope, children are regrettably the ones that are most affected. As a parent, it is important that you look out for the safety of your child, but the truth is that you won't always be there to guard them from danger. Teach your children the five golden rules of safety. This will give you confidence that your child is aware of the dangers that they may face, will recognise a problem should it occur, and will keep themselves out of danger as best they can.

- Never get into a car with someone you do not know.
- Do not accept gifts from a person you do not know.
- Never open your front door for people you do not know.
- Tell an adult where you are going and when you will return.
- Your body is private you have the right to say no!

For drivers:

- Keep your car doors locked as you drive.
- Leave space between you and the car in front of you.
- Be aware of anyone suspicious approaching your motor vehicle.
- If you are followed, travel to the nearest police station.
- On long journeys, don't nap on the side of the road.
- Don't leave your valuables where they are visible to outsiders.
- Never leave children in the car alone.

For when you draw money at an ATM:

- Only draw money in places that are well-lit.
- Look out for any suspicious characters that may be loitering.
- Look for any attachments to the card holder, if you see anything, don't insert your card and notify the bank.
- Never ask for help from strangers.
- Hide your pin code as best you can by keeping your body close to the keypad.

While shopping:

- Avoid carrying large amounts of money with you.
- Make sure you are consciously holding on to your handbag at all times.
- Don't leave valuables in the trolley.
- Don't allow your children to go to public toilets alone.
- If you pay cash for your purchases, never take out more money than is necessary.
- Hold your child's hand in busy shopping malls.

In a world filled with confusion and unpredictability, you can never be guaranteed of your safety. Read up on the following tips to make sure that you are equipped for any situation.

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