

World AIDS Day

First declared in 1988 by the World Health Organisation, World AIDS Day is an event that provides an opportunity for individuals and organisations around the globe to express their commitment to working towards a world without HIV & AIDS. It has gained a great deal of support over the years and is a focal point in health calendars around the world.

In January of 1988, 140 countries from across the world met at the World Summit of Ministers of Health on AIDS in London.

At this meeting, World AIDS Day was conceived and adopted as an opportunity for governments, national AIDS programmes, non-governmental organisations and individuals to demonstrate their commitment to the fight against HIV & AIDS.

Reasons to get involved with World AIDS Day

A lesson in leadership - Volunteering teaches good leadership skills and it shows that you are willing to lead by example. As a result, you will become a role model for others.

Gain experience - Community service is a great way to gain experience - both educational and professional - and a great way to network, too.

Reap the rewards - Volunteering offers a unique perspective on your local community, and a sense of reward and fulfilment that can only come with giving back.

Meet friends (new and old) - Volunteering can be a great way to get your friends together and you'll meet new friends while you're there.

Gain perspective - Volunteering provides great perspective and can help make you and your family more open-minded and empathetic people.



What can you do?

Become a sponsor

You can become a sponsor for a selected organisation, enabling you to make a real difference in communities.

Support projects

Sponsorship is not the only way you can help. If you are particularly interested in an issue affecting communities, you can fund one of those projects addressing this issue.

Becoming a volunteer

There are many reasons why you may decide to become a volunteer. Perhaps you like being with people who have fewer advantages than you, maybe you want to feel that you are doing something useful, or perhaps you feel that voluntary work will give you additional skills and experience to improve your opportunities in the labour market.

Spread the message

Be proud of your commitment to be involved in HIV & AIDS work. Tell others about HIV & AIDS and what they can do. Get hold of posters and put them up on notice boards, the local pub, cafeterias, or by your desk - wherever they will be seen.