

AWARENESS

HOLIDAY SAFETY TIPS

The holiday season is supposed to be fun, and therefore, many of us let our guards down. However, not being vigilant can have detrimental consequences on the road, in the shops, or even at home.

Be road wise

Driver fatigue is reportedly a factor in 10-20% of crashes worldwide. When you're driving long distances, make sure you take breaks every two hours for at least 15 minutes. You can also do short bursts of exercise to overcome tiredness.

Be money wise

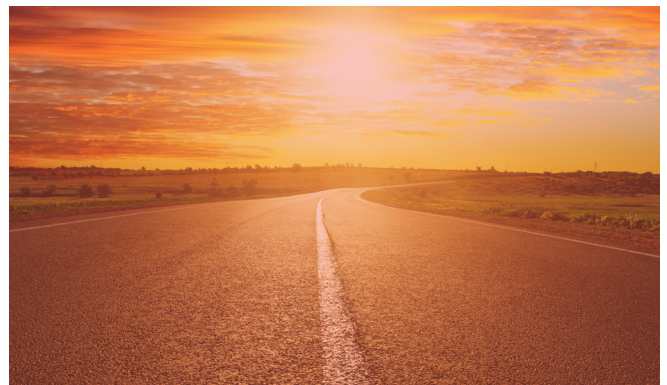
Fraudsters take advantage of our bargain-hunting ways during the festive season.

**"DON'T LET
FRAUDSTERS GET HOLD
OF YOUR MONEY"**

Watch out for:

1. WhatsApp surveys and promotions.

Be wary of WhatsApp messages asking you to complete a survey and to share your personal details in exchange for a voucher from a well-known store. Scammers then gain access to your personal information like your name or ID number.



2. Holiday accommodation.

Be careful when holiday accommodation is advertised through an unknown agency or a private person. Fraudsters may advertise places that doesn't exist to lure you into paying a deposit fee. Once you make the payment, you will never hear from them again.

3. Gifting or bargain websites.

Fraudsters may offer gifts, flight tickets, and accommodation at massive bargains on otherwise very professional-looking websites. But after ordering and paying, your goods never arrive. Worse still, the fraudsters have your credit card details.

It's better to be safe than sorry this holiday season. Make sure you arrive safely at your destination and you don't fall prey to money-making fraudsters! And be sure to [check out these health tips](#), too!