

1. Membership

	May 2014
Total number of lives managed	2.89 million

2. Hospital-related costs

Hospital costs represent the total cost for all authorised hospital admissions paid by the Scheme. This includes all payments to hospitals, specialists and support providers such as radiologists and pathologists.

	May 2014	June 2013 to May 2014
Total hospital costs	R 1206 million	R21.11 billion

2.1 Top 10 conditions ranked by number of admissions

All conditions are defined using Diagnosis Related Groups (DRGs) that group admissions into clinically homogeneous groups. The top conditions ranked by number of admissions are shown below.

Top conditions ranked by number of admissions	Number of admissions	
	May 2014	June 2013 to May 2014
Other factors influencing health status	3 555	38 394
Lens procedures	2 981	30 546
Caesarean delivery	2 873	33 489
Other digestive system diagnoses with scope	2 804	31 703
Simple pneumonia and whooping cough	2 308	27 624
Tonsil and adenoid procedures	1 509	19 730
Psychoses	1 493	17 063
Epiglottitis, otitis media, upper respiratory infections and laryngotracheitis	1 488	18 248
Oesophagitis, gastroenteritis and miscellaneous digestive disorders	1 479	19 548
Oesophageal disorders with scope	1 333	14 908
Total cost for top 10 conditions	R 221 million	R3.43 billion

2.2 Top conditions ranked by average cost

The top conditions are shown below, ranked by the average cost of admission for each of these conditions. The average cost of admission for any given condition is calculated by dividing the total cost of all admissions by the number of admissions for that particular condition.

Top conditions ranked by average cost	June 2013 to May 2014
Heart and lung transplant	R897 961
Premature babies smaller than 1 000g with major operations	R755 191
Critical care for long-term mechanical ventilation	R699 653
Premature babies between 1 000g and 1 499g with major operations	R617 183
Liver transplant	R598 019
Kidney and pancreas transplant	R480 276
Lung transplant	R410 265
Heart transplant	R407 867
Major surgical procedures in newborn babies with low birth weight (1 500g - 1 999g)	R395 258
Premature babies smaller than 1 000g without major operations	R375 099

2.3 Top 10 highest hospital cost admissions

The following table shows the highest hospital costs paid in May 2014, related to admissions between June 2013 and May 2014.

Condition	Age of member (years)	Total cost	Length of stay (days)
Critical care for long-term mechanical ventilation	63	R4 521 741	174
Newborn baby smaller than 1 000g with major operations	Younger than 1	R3 691 605	274
Critical care for long-term mechanical ventilation	62	R2 984 560	128
Neonate greater than 2 499g with major operations	Younger than 1	R2 917 178	210
Critical care for long-term mechanical ventilation	60	R2 760 055	85
Critical care for long-term mechanical ventilation	71	R2 705 470	86
Critical care for long-term mechanical ventilation	18	R2 572 489	150
Critical care for long-term mechanical ventilation	75	R2 563 401	98
Critical care for long-term mechanical ventilation	53	R2 388 745	109
Newborn baby between 1 000g and 1 500g with major operations	Younger than 1	R2 146 978	143

3. Chronic conditions and further disease management

The table below shows the number of members claiming for registered chronic conditions, as covered by Discovery Health's Chronic Illness Benefit. The total represents the amount paid for chronic medicine over the past year.

	Members	Total paid
Chronic overview	374 750	R1.99 billion

3.1 Top 10 chronic conditions as shown by the total cost to the Scheme

The chronic conditions below accounted for the largest spend on chronic medicine for the Scheme. These conditions represent those defined by the Prescribed Minimum Benefits and the additional chronic conditions covered by Discovery Health (up to 65 conditions depending on plan choice).

	Members registered as at May 2014
Hypertension	277 677
Hyperlipidaemia	156 029
Asthma	91 767
Diabetes (Type 2)	69 841
Unspecified human immunodeficiency virus [HIV] disease	34 079
Bipolar mood disorder, unspecified	25 096
Diabetes (Type 1)	22 596
Rheumatoid arthritis	11 724
Chronic renal failure	2 925
Multiple sclerosis	1 178

3.2 Oncology Programme

The table below shows the total number of members enrolled on the Oncology Programme. The 'Total Cost' for these members is split to specifically include spend related to oncology.

	Number of members on active treatment in May 2014
Organ cancer	31 059
Blood cancer	4 095
Localised cancer	3 470
Other cancers	1 343

	May 2014	June 2013 to May 2014
Oncology spend for oncology claimants	R99 million	R1,076 billion
Non-oncology spend for oncology claimants	R97 million	R1.488 billion
Total spend (oncology and non-oncology) for oncology claimants	R196 million	R2.565 billion

4. Preventive care

Vitality incentivises members to get actively involved in improving their health. Apart from encouraging members to exercise and lead a healthy lifestyle, Vitality also encourages the early detection of disease. The Screening and Prevention Benefit offers members access to preventive screening for a number of chronic conditions. Members are rewarded through the Vitality programme for participating in these screening tests.

Vitality screening	May 2014	June 2013 to May 2014
Glucose test	34 167	393 839
Cholesterol test	28 709	318 136
HIV test	24 974	323 120
Blood pressure test	20 682	241 230
Pap smear	10 580	142 572
Mammogram	4 859	60 019
Prostate screening	4 569	50 205

5. International Travel Benefit

The International Travel Benefit, Discovery 911 and a range of emergency service partners provide peace of mind to Discovery Health members in the event of an emergency – locally and internationally.

Members on all plans, except KeyCare and InHouse schemes, have cover for medical emergencies when travelling internationally. The International Travel Benefit provides cover for emergency medical expenses outside the borders of South Africa, including evacuation and medically necessary repatriation costs.

	May 2014	June 2013 to May 2014
Number of International Travel Benefit calls	698	8 141