

2020

DISCOVERY HEALTH MEDICAL SCHEME

# CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

## Chronic Illness Benefit (formulary) for 2020

| Important information you need to know  |
|---|
| <p>The information contained in this document may be subject to change.</p> <p>The Chronic Illness Benefit and the utilisation of the benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on <a href="http://www.discovery.co.za">www.discovery.co.za</a></p> <p>Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.</p> <p>You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit <a href="http://www.discovery.co.za">www.discovery.co.za</a> or click on <b>Find a provider</b> in the Discovery app to find providers in our network.</p> <p>Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version of this document is always available on <a href="http://www.discovery.co.za">www.discovery.co.za</a> under Medical Aid &gt; Find a document.</p> |

### About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

| TERMINOLOGY                        | DESCRIPTION  |
|------------------------------------|--|
| Active ingredient                  | This is the main substance in a medicine that is responsible for the clinical action on a human body.  |
| Benefit year                       | A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.  |
| Chronic Disease List (CDL)         | A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.  |
| Chronic Drug Amount (CDA)          | Discovery Health Medical Scheme pays up to a monthly amount for a medicine class subject to the member's plan type. This applies to medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount does not apply to the Smart and KeyCare plans, the cost of the lowest formulary listed drug will apply.   |
| Co-payment                         | We pay service providers at a set Discovery Health Rate. If the accounts are higher than this rate, you will have to pay the outstanding amount from your pocket.  |
| NAPPI Code                         | This is a unique identifier for a given medicine, surgical or consumable product.  |
| Prescribed Minimum Benefits (PMBs) | <p>In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of:</p> <ul style="list-style-type: none"> <li>▪ An emergency medical condition</li> <li>▪ A defined list of 270 diagnoses</li> <li>▪ A defined list of 27 chronic conditions.</li> </ul> <p>To access Prescribed Minimum Benefits, there are rules that apply:</p> <ul style="list-style-type: none"> <li>▪ Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit conditions</li> <li>▪ The treatment needed must match the treatments in the defined benefits</li> <li>▪ You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However even in these cases, where appropriate and according to the rules of the</li> </ul> |

| TERMINOLOGY                 | DESCRIPTION  |
|-----------------------------|--|
|                             | <p>Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment.</p> <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</p>  |
| Emergency medical condition | <p>An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment, where failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy.</p> <p>An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.</p> |
| Medicine class              | This describes medicines that have similar chemical structures or similar therapeutic effects.   |

## The Prescribed Minimum Benefits (PMB) Chronic Disease List (CDL) (for all plan types)

The PMB CDL medicine list applies to all Discovery Health Medical Scheme Plans for the 2020 benefit year. The CDA (Chronic Drug Amount) **does not** apply to the KeyCare and Smart Plans, on these plans the cost of the lowest formulary listed drug will apply.

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                                | Active ingredient  | Medicine name and strength  |
|--------------------------------|--|---|---|--|---|
| Addison's disease              | R200                                   | R200                                      | Systemic Corticosteroids: Hydrocortisone      | Hydrocortisone   | Covocort 10mg   |
|                                | R130                                   | R130                                      | Systemic Corticosteroids: Mineralocorticoids  | Fludrocortisone  | Florinef acetate 0.1mg  |
| Asthma                         | R195                                   | R195                                      | Adrenergics: Long acting - Formoterol         | Formoterol   | Foratec HFA 120 dose 12mcg/dose   |
|                                | R355                                   | R485                                      | Adrenergics: Long acting - Salmeterol         | Salmeterol   | Serevent accuhaler 60 dose 50mcg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                |  |   |   |  | Serevent CFC free 120 dose 25mcg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                | R40                                    | R40                                       | Adrenergics: Short acting - Salbutamol        | Salbutamol   | Asthavent ecohaler 200 dose 100mcg  |
|                                |  |   |   |  | Venteze CFC free 200 dose 100mcg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                |  |   |   |  | Ventimax CFC free 200 dose 100mcg   |
|                                | R110                                   | R165                                      | Anti-asthmatics: Systemic Xanthines           | Theophylline   | Sandoz Theophylline anhydrous 200mg; 300mg  |
|                                | R265                                   | R265                                      | Formoterol and Budesonide                     | Formoterol and Budesonide  | Symbicord turbohaler 60 dose 160/4.5mcg   |
|                                |  |   |   |  | Symbicord turbohaler 60 dose 320/9mcg<br><b>(Not available on KeyCare Plans)</b>    |
|                                |  |   |   |  | Symbicord turbohaler 120 dose 160/4.5mcg<br><b>(Not available on KeyCare Plans)</b> |
|                                |  |   |   |  | Vannair 120 dose 80/4.5mcg; 160/4.5mcg<br><b>(Not available on KeyCare Plans)</b>   |
|                                | R265                                   | R265                                      | Formoterol and Mometasone                     | Formoterol and Mometasone  | Dulera 120 dose 100/5mcg; 200/5mcg  |
|                                | R260                                   | R260                                      | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide  | Atrovent HFA 200 dose 20mcg   |
|                                |  |   |   |  | Ipvent HFA 200 dose 40mcg/dose  |
| R205                           | R265                                   | Inhaled Glucocorticoids                   | Beclomethasone                                | Beceze CFC free 200 dose 100mcg<br><b>(Not available on KeyCare Plans)</b>         |   |
|                                |  |   |   | Beclate 200 dose 100mcg; 200mcg<br><b>(Only Executive and Comprehensive Plans)</b> |   |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                          | Active ingredient   | Medicine name and strength   |
|--------------------------------|--|---|---|---|--|
| Asthma                         | R205                                   | R265                                      | Inhaled Glucocorticoids                 | Budesonide  | Budeflam HFA 300 dose 100mcg<br><b>(Only Executive and Comprehensive Plans)</b>                      |
|                                |  |   |   |   | Pulmicort turbuhaler 200 dose 100mcg; 200mcg   |
|                                |  |   |   | Ciclesonide   | Ciclovent 60 dose 80mcg; 160mcg<br><b>(Not available on KeyCare Plans)</b>                           |
|                                |  |   |   | Fluticasone   | Flixotide CFC free 120 dose 50mcg; 125mcg; 250mcg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                | R265                                   | R265                                      | Salmeterol and Fluticasone              | Salmeterol and Fluticasone  | Foxair accuhaler 60 dose 50/100; 50/250<br><b>(Not available on KeyCare Plans)</b>                   |
|                                |  |   |   |   | Foxair accuhaler 60 dose 50/500<br><b>(Only Executive and Comprehensive Plans)</b>                   |
|                                |  |   |   |   | Sereflo HFA 120 dose 25/50   |
|                                |  |   |   |   | Sereflo HFA 120 dose 25/125; 25/250<br><b>(Not available on KeyCare Plans)</b>                       |
|                                |  |   |   |   | Sereflo HFA synchrobreathe 120 dose 25/50  |
|                                |  |   |   | Sereflo HFA synchrobreathe 120 dose 25/125; 25/250<br><b>(Not available on KeyCare Plans)</b> |  |
|                                | R265                                   | R265                                      | Vilanterol and Fluticasone combinations | Vilanterol and Fluticasone furoate  | Relvar ellipta 30 dose 92/22mcg<br><b>(Only Executive and Comprehensive Plans)</b>                   |
|                                | R350                                   | R350                                      | Surgical item                           | Inhaler device  | Dp haler device  |
|                                | R20                                    | R20                                       | Systemic Corticosteroids: Prednisone    | Prednisone  | Be-Tabs Prednisone 5mg   |
| Panafcort 5mg                  |  |   |   |   |  |
| Trolic 5mg                     |  |   |   |   |  |
| Bipolar mood disorder          | R120                                   | R160                                      | Anti-depressants: SSRI's                | Citalopram  | Adco-Talomil 20mg  |
|                                |  |   |   |   | Arrow Citalopram 40mg  |
|                                |  |   |   |   | Cilate 20mg  |
|                                |  |   |   |   | Citalopram-Winthrop 20mg   |
|                                |  |   |   |   | Recita 20mg  |
|                                |  |   |   | Escitalopram  | Accord Escitalopram 10mg; 20mg   |
|                                |  |   |   | Dolin 10mg; 20mg  |  |

| Chronic Disease List condition  | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                           | Active ingredient                         | Medicine name and strength   |
|---|--|---|--|---|--|
| Bipolar mood disorder   | R120                                   | R160                                      | Anti-depressants: SSRI's                 | Escitalopram                              | Marprem 20mg   |
|   |  |   |  | Fluoxetine                                | Deprozan 20mg  |
|   |  |   |  |   | Fluoxetine Actor 20mg  |
|   |  |   |  |   | Prolax 20mg  |
|   |  |   |  |   | Ranflocs 20mg  |
|   |  |   |  |   | Zydus-Fluoxetine 20mg  |
|   |  |   |  | Sertraline                                | Dyna Sertraline 50mg; 100mg  |
|   |  |   |  |   | Serdep 50mg; 100mg<br><b>(Only Executive and Comprehensive Plans)</b>  |
|   |  |   |  |   | Serlife 50mg; 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|   | R290                                   | R385                                      | Anti-epileptics: Carboxamide derivatives | Carbamazepine                             | Degranol 200mg   |
|   |  |   |  |   | Tegretol CR 200mg; 400mg   |
|   |  |   |  |   | Zeptol 200mg   |
|   | R490                                   | R490                                      | Anti-epileptics: Fatty acid derivatives  | Valproic acid                             | Convulex 150mg; 300mg  |
|   |  |   |  |   | Convulex syrup 250mg/5ml   |
|   |  |   |  |   | Epilim crushable 100mg   |
| Epilim sugar-free syrup 200mg/5ml   |  |   |  |   |  |
| Epilazine CR 200mg; 300mg; 500mg<br><b>(Not available on KeyCare Plans)</b> |  |   |  |   |  |
| Eprolep CR 200mg; 300mg; 500mg  |  |   |  |   |  |
| Navalpro CR 200mg; 300mg; 500mg   |  |   |  |   |  |
| Valeptic CR 300mg; 500mg  |  |   |  |   |  |
| R335  | R335                                   | Anti-epileptics: Other agents             | Lamotrigine                              | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg |  |
|   |  |   |  | Epitec 25mg; 50mg; 100mg; 200mg           |  |
|   |  |   |  | Girotec 50mg; 100mg; 200mg                |  |
|   |  |   |  | Lamitor 25mg; 50mg; 100mg; 200mg          |  |
|   |  |   |  | Serinem 25mg; 50mg; 100mg; 200mg          |  |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans                            | CDA for Executive and Comprehensive Plans | Medicine class  | Active ingredient       | Medicine name and strength                 |
|--------------------------------|---|---|---|-------------------------|--|
| Bipolar mood disorder          | R615  | R945                                      | Anti-psychotics: Clozapine                                | Clozapine               | Aspen Clozapine 25mg; 100mg                |
|                                |   |   |   |                         | Cloment 25mg; 100mg                        |
|                                | R345  | R345                                      | Anti-psychotics: Lithium                                  | Lithium                 | Camcolit 250mg; 400mg                      |
|                                |   |   |   |                         | R600                                       |
|                                | Olawin oradispersible 5mg; 10mg                                   |   |   |                         |  |
|                                | Prexolan 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>     |   |   |                         |  |
|                                | Prexolan ODT 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b> |   |   |                         |  |
|                                | Redilanz 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>     |   |   |                         |  |
|                                | Zolanz 5mg; 10mg  |   |   |                         |  |
|                                | Zylena 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>       |   |   |                         |  |
|                                | R400  | R400                                      | Anti-psychotics: Phenothiazines with aliphatic side-chain | Chlorpromazine          | Largactil 25mg; 50mg; 100mg                |
|                                | R295  | R295                                      | Anti-psychotics: Quetiapine                               | Quetiapine              | Dopaquel 25mg; 100mg; 200mg; 300mg         |
|                                |   |   |   |                         | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg |
|                                |   |   |   |                         | Psyquet 25mg; 100mg; 200mg; 300mg          |
|                                |   |   |   |                         | Serez 25mg; 100mg; 200mg; 300mg            |
|                                |   |   |   |                         | Spec Quetiapine 25mg; 100mg; 200mg; 300mg  |
|                                |   |   |   |                         | Zimbiquet 25mg; 100mg; 200mg; 300mg        |
|                                | R515  | R650                                      | Anti-psychotics: Thioxanthene derivatives                 | Flupenthixol            | Fluanxol 0.5mg; 1mg                        |
|                                |   |   |   |                         | Fluanxol depot 1ml 20mg                    |
|                                |   |   |   | Zuclopenthixol          | Clopixol 2mg; 10mg                         |
| Clopixol depot 200mg           |   |   |   |                         |  |
| R360                           | R505  | Other anti-psychotics                     | Aripiprazole  | Arizofy 5mg; 10mg; 15mg |  |
|                                |   |   | Risperidone   | Risnia 0.5mg; 1mg; 2mg  |  |

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|--------------------------------|--|---|--|------------------------------|---|--|
| Bipolar mood disorder          | R360                                   | R505                                      | Other anti-psychotics                            | Risperidone                  | Rispacor 0.5mg; 1mg; 2mg; 3mg   |  |
|                                |  |   |  |                              | Rispevon 1mg; 2mg; 3mg; 4mg   |  |
|                                |  |   |  |                              | Rispide 0.5mg; 1mg; 2mg   |  |
|                                |  |   |  |                              | Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg   |  |
| Bronchiectasis                 | R40                                    | R40                                       | Adrenergics:<br>Short acting - Salbutamol        | Salbutamol                   | Asthavent ecohaler 200 dose 100mcg  |  |
|                                |  |   |  |                              | Venteze CFC free 200 dose 100mcg<br><b>(Only Executive and Comprehensive Plans)</b> |  |
|                                |  |   |  |                              | Ventimax CFC free 200 dose 100mcg   |  |
|                                | R260                                   | R260                                      | Inhaled anticholinergics:<br>Ipratropium bromide | Ipratropium bromide          | Atrovent HFA 200 dose 20mcg   |  |
|                                |  |   |  |                              | Ipvent HFA 200 dose 40mcg/dose  |  |
|                                | R20                                    | R20                                       | Systemic Corticosteroids:<br>Prednisone          | Prednisone                   | Be-Tabs Prednisone 5mg  |  |
|                                |  |   |  |                              | Panafcort 5mg   |  |
|                                |  |   |  |                              | Trolic 5mg  |  |
|                                | Cardiac failure                        | R90                                       | R100   | ACE inhibitors and diuretics | Enalapril and diuretics   | Enap co 20/12.5mg                          |
| Lisinopril and diuretics       |  |   |  |                              |   | Adco-Zetomax co 10/12.5mg; 20/12.5mg       |
|                                |  |   |  |                              |   | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg |
|                                |  |   |  |                              |   | Lisoretic 10/12.5mg; 20/12.5mg             |
|                                |  |   |  |                              |   | Lisozide 10/12.5mg; 20/12.5mg              |
|                                |  |   |  |                              |   | Zestoretic 10/12.5mg; 20/12.5mg            |
| Perindopril and diuretics      |  |   |  |                              | Bioprexum Plus 10/2.5mg<br><b>(Only Executive and Comprehensive Plans)</b>          |  |
|                                |  |   |  |                              | Ciplasyl Plus 4/1.25mg  |  |
|                                |  |   |  |                              | Circator Plus 4/1.25mg  |  |
|                                |  |   |  |                              | Pearinda Plus 4/1.25mg  |  |
|                                |  |   |  |                              | Perindopril co Unicorn 4/1.25mg   |  |
|                                |  |   |  |                              | Prexum Plus 5/1.25mg  |  |
|                                |  |   |  |                              | Vectoryl Plus 4/1.25mg  |  |



| Chronic Disease List condition | CDA for Priority, Core and Saver Plans  | CDA for Executive and Comprehensive Plans                     | Medicine class                 | Active ingredient               | Medicine name and strength   |
|--------------------------------|---|---|--------------------------------|---------------------------------|--|
| Cardiac failure                | R75   | R85   | ACE inhibitors: Plain          | Captopril                       | Bio-Captopril 25mg   |
|                                |   |   |                                |                                 | Mylan Captopril 25mg; 50mg   |
|                                |   |   |                                | Enalapril                       | Alapren 5mg; 10mg; 20mg  |
|                                |   |   |                                |                                 | Enalapril Unicorn 10mg; 20mg   |
|                                |   |   |                                |                                 | Hypace 5mg   |
|                                |   |   |                                | Lisinopril                      | Adco-Zetomax 5mg; 10mg; 20mg   |
|                                |   |   |                                |                                 | Austell-Lisinopril 10mg; 20mg  |
|                                |   |   |                                |                                 | Sinopren 5mg; 10mg; 20mg   |
|                                |   |   |                                | Perindopril                     | Circator 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                |   |   |                                |                                 | Pearinda 8mg<br><b>(Only Executive and Comprehensive Plans)</b>      |
|                                | Perindopril Unicorn 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |                                |                                 |  |
|                                | Prexum 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b>             |   |                                |                                 |  |
|                                | Ran-Perindopril 4mg   |   |                                |                                 |  |
|                                | Reprex 4mg; 8mg   |   |                                |                                 |  |
|                                | Spec-Perindopril 8mg<br><b>(Only Executive and Comprehensive Plans)</b>         |   |                                |                                 |  |
|                                | Vectoryl 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b>            |   |                                |                                 |  |
|                                | Zyace 4mg   |   |                                |                                 |  |
|                                | Quinapril   | Accumax 10mg; 20mg<br><b>(Not available on KeyCare Plans)</b> |                                |                                 |  |
|                                | R220  | R250  | Alpha and Beta blocking agents | Carvedilol                      | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg                              |
|                                |   |   |                                |                                 | Carvetrend 6.25mg; 12.5mg; 25mg                                      |
| Vediblok 6.25mg; 12.5mg; 25mg  |   |   |                                |                                 |  |
| R90                            | R100  | Angiotensin II antagonists: Combinations                      | Losartan and diuretics         | Co-Normoten 50/12.5mg; 100/25mg |  |
|                                |   |   |                                | Losaar Plus 50/12.5mg; 100/25mg |  |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans  | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient   | Medicine name and strength   |
|--------------------------------|---|---|--|---|--|
| Cardiac failure                | R90   | R100                                      | Angiotensin II antagonists: Combinations                           | Losartan and diuretics  | Netrasol co 100/25mg   |
|                                |   |   |  |   | Zartan co 100/25mg   |
|                                |   |   |  | Telmisartan and diuretics   | Telpres Plus 40/12.5mg; 80/12.5mg<br><b>(Only Executive and Comprehensive Plans)</b>           |
|                                |   |   |  | Valsartan and diuretics   | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                | Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |  |   |  |
|                                | R75   | R110                                      | Angiotensin II antagonists: Plain                                  | Irbesartan  | Jubitan 150mg; 300mg<br><b>(Not available on KeyCare Plans)</b>                                |
|                                |   |   |  |   | Losartan   |
|                                |   |   |  | Annin 100mg   |  |
|                                |   |   |  | Ciplazar 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |  |
|                                |   |   |  | Normoten 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |  |
|                                | Zartan 100mg<br><b>(Only Executive and Comprehensive Plans)</b>                               |   |  |   |  |
|                                | R100  | R100                                      | Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives | Hydralazine   | Hyperphen 10mg; 50mg   |
|                                |   |   |  |   | Sandoz Hydralazine 25mg  |
|                                | R75   | R85                                       | Beta blocking agents: Selective                                    | Bisoprolol  | Adco-Bisacor 5mg; 10mg   |
|                                |   |   |  |   | Betacor 5mg; 10mg  |
|                                |   |   |  |   | Bilocor 5mg; 10mg  |
|                                |   |   |  |   | Bisbeta 5mg; 10mg  |
|                                |   |   |  |   | Bislo 5mg; 10mg  |
|                                |   |   |  |   | Bisoprolol Unichem 10mg  |
|                                |   |   |  |   | Bisoprolol Unicorn 5mg; 10mg   |
| Bisozyd 5mg; 10mg              |   |   |  |   |  |
| R35                            | R35   | Cardiac glycosides: Digoxin               | Digoxin  | Lanoxin 0.0625mg; 0.25mg  |  |
|                                |   |   |  | Lanoxin paediatric/geriatric syrup 0.05mg/1ml                     |  |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans         | Medicine class                                 | Active ingredient                     | Medicine name and strength                 |
|--------------------------------|--|---|--|---------------------------------------|--|
| Cardiac failure                | R20                                    | R40   | High-ceiling diuretics                         | Furosemide                            | Dino-Retic 40mg                            |
|                                |  |   |  |                                       | Furobe 40mg                                |
|                                |  |   |  |                                       | Mylan Furosemide 40mg                      |
|                                | R15                                    | R15   | Low-ceiling diuretics: Thiazides, plain        | Hydrochlorothiazide                   | Hexazide 25mg                              |
|                                |  |   |  |                                       | Ridaq 12.5mg                               |
|                                | R25                                    | R25   | Low-ceiling diuretics: excluding Thiazides     | Indapamide                            | Adco-Dapamax 2.5mg                         |
|                                |  |   |  |                                       | Catexan 2.5mg                              |
|                                |  |   |  |                                       | Cipla-Indapamide 2.5mg                     |
|                                |  |   |  |                                       | Dapril 2.5mg                               |
|                                |  |   |  |                                       | Mylan Indapamide 2.5mg                     |
|                                | R120                                   | R120  | Potassium sparing agents                       | Spironolactone                        | Aldactone 25mg                             |
|                                |  |   |  |                                       | Sandoz Spironolactone 25mg                 |
|                                |  |   |  |                                       | Spiractin 25mg                             |
|                                | R110                                   | R110  | Potassium supplements                          | Potassium chloride                    | Plenish K 600mg                            |
|                                |  |   |  |                                       | Ultipot 600mg                              |
| R195                           | R195                                   | Vasodilators in cardiac disease: Organic nitrates | Isosorbide dinitrate                           | Sandoz Isosorbide dinitrate 5mg; 10mg |  |
|                                |  |   | Isosorbide mononitrate                         | Ismo 20mg                             |  |
|                                |  |   |  | Monicor SR 60mg                       |  |
| R100                           | R100                                   | Influenza vaccines                                | Influenza, purified antigen                    | Influvac 0.5ml                        |  |
|                                |  |   |  | Vaxigrip single dose 0.5ml pre-filled |  |
| R175                           | R175                                   | Pneumococcus vaccines                             | Pneumococcus, purified polysaccharides antigen | Pneumovax vaccine                     |  |
| Cardiomyopathy                 | R90                                    | R100  | ACE inhibitors and diuretics                   | Enalapril and diuretics               | Enap co 20/12.5mg                          |
|                                |  |   |  | Lisinopril and diuretics              | Adco-Zetomax co 10/12.5mg; 20/12.5mg       |
|                                |  |   |  |                                       | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg |
|                                |  |   |  |                                       | Lisoretic 10/12.5mg; 20/12.5mg             |

| Chronic Disease List condition  | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans                                       | Medicine class               | Active ingredient         | Medicine name and strength   |
|---|--|---|------------------------------|---------------------------|--|
| Cardiomyopathy  | R90                                    | R100  | ACE inhibitors and diuretics | Lisinopril and diuretics  | Lisozide 10/12.5mg; 20/12.5mg  |
|   |  |   |                              |                           | Zestoretic 10/12.5mg; 20/12.5mg  |
|   |  |   |                              | Perindopril and diuretics | Bioprexum Plus 10/2.5mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|   |  |   |                              |                           | Ciplasyl Plus 4/1.25mg   |
|   |  |   |                              |                           | Circator Plus 4/1.25mg   |
|   |  |   |                              |                           | Pearinda Plus 4/1.25mg   |
|   |  |   |                              |                           | Perindopril co Unicorn 4/1.25mg  |
|   |  |   |                              |                           | Prexum Plus 5/1.25mg   |
|   |  |   |                              |                           | Vectoryl Plus 4/1.25mg   |
|   |  |   |                              |                           | R75  |
|   | Mylan Captopril 25mg; 50mg             |   |                              |                           |  |
|   | Enalapril                              | Alapren 5mg; 10mg; 20mg   |                              |                           |  |
|   |  | Enalapril Unicorn 10mg; 20mg  |                              |                           |  |
|   |  | Hypace 5mg  |                              |                           |  |
|   | Lisinopril                             | Adco-Zetomax 5mg; 10mg; 20mg  |                              |                           |  |
|   |  | Austell-Lisinopril 10mg; 20mg   |                              |                           |  |
|   |  | Sinopren 5mg; 10mg; 20mg  |                              |                           |  |
|   | Perindopril                            | Circator 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b>            |                              |                           |  |
|   |  | Pearinda 8mg<br><b>(Only Executive and Comprehensive Plans)</b>                 |                              |                           |  |
|   |  | Perindopril Unicorn 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b> |                              |                           |  |
| Prexum 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b>     |  |   |                              |                           |  |
| Ran-Perindopril 4mg   |  |   |                              |                           |  |
| Reprex 4mg; 8mg   |  |   |                              |                           |  |
| Spec-Perindopril 8mg<br><b>(Only Executive and Comprehensive Plans)</b> |  |   |                              |                           |  |

| Chronic Disease List condition                                    | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans                          | Medicine class                           | Active ingredient         | Medicine name and strength   |
|---|--|--|--|---------------------------|--|
| Cardiomyopathy  | R75                                    | R85  | ACE inhibitors: Plain                    | Perindopril               | Vectoryl 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b>                           |
|   |  |  |  |                           | Zyace 4mg  |
|   |  |  |  | Quinapril                 | Accumax 10mg; 20mg<br><b>(Not available on KeyCare Plans)</b>                                  |
|   | R220                                   | R250   | Alpha and Beta blocking agents           | Carvedilol                | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg  |
|   |  |  |  |                           | Carvetrend 6.25mg; 12.5mg; 25mg  |
|   |  |  |  |                           | Vediblok 6.25mg; 12.5mg; 25mg  |
|   | R90                                    | R100   | Angiotensin II antagonists: Combinations | Losartan and diuretics    | Co-Normoten 50/12.5mg; 100/25mg  |
|   |  |  |  |                           | Losaar Plus 50/12.5mg; 100/25mg  |
|   |  |  |  |                           | Netrasol co 100/25mg   |
|   |  |  |  |                           | Zartan co 100/25mg   |
|   |  |  |  | Telmisartan and diuretics | Telpres Plus 40/12.5mg; 80/12.5mg<br><b>(Only Executive and Comprehensive Plans)</b>           |
|   |  |  |  | Valsartan and diuretics   | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|   | R75                                    | R110   | Angiotensin II antagonists: Plain        | Irbesartan                | Jubitan 150mg; 300mg<br><b>(Not available on KeyCare Plans)</b>                                |
|   |  |  |  | Losartan                  | Annin 50mg<br><b>(Not available on KeyCare Plans)</b>  |
|   | Annin 100mg                            |  |  |                           |  |
| Ciplazar 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |  |  |  |                           |  |
| Normoten 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |  |  |  |                           |  |
| Zartan 100mg<br><b>(Only Executive and Comprehensive Plans)</b>   |  |  |  |                           |  |
| R85   | R85                                    | Anti-thrombotic agents: Vitamin K antagonists                      | Warfarin                                 | Cipla-Warfarin 5mg        |  |
| R100  | R100                                   | Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives | Hydralazine                              | Hyperphen 10mg; 50mg      |  |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient          | Medicine name and strength                    |
|--------------------------------|--|---|--|----------------------------|---|
| Cardiomyopathy                 | R100                                   | R100                                      | Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives | Hydralazine                | Sandoz Hydralazine 25mg                       |
|                                | R30                                    | R35                                       | Aspirin  | Acetylsalicylic acid       | Aspirin Teva 80mg                             |
|                                |  |   |  |                            | Myoprin 100mg                                 |
|                                | R75                                    | R85                                       | Beta blocking agents: Selective                                    | Bisoprolol                 | Adco-Bisacor 5mg; 10mg                        |
|                                |  |   |  |                            | Betacor 5mg; 10mg                             |
|                                |  |   |  |                            | Bilocor 5mg; 10mg                             |
|                                |  |   |  |                            | Bisbeta 5mg; 10mg                             |
|                                |  |   |  |                            | Bislo 5mg; 10mg                               |
|                                |  |   |  |                            | Bisoprolol Unichem 10mg                       |
|                                |  |   |  |                            | Bisoprolol Unicorn 5mg; 10mg                  |
|                                |  |   |  |                            | Bisozyd 5mg; 10mg                             |
|                                | R35                                    | R35                                       | Cardiac glycosides: Digoxin  | Digoxin                    | Lanoxin 0.0625mg; 0.25mg                      |
|                                |  |   |  |                            | Lanoxin paediatric/geriatric syrup 0.05mg/1ml |
|                                | R20                                    | R40                                       | High-ceiling diuretics   | Furosemide                 | Dino-Retic 40mg                               |
|                                |  |   |  |                            | Furobe 40mg                                   |
|                                |  |   |  |                            | Mylan Furosemide 40mg                         |
|                                | R15                                    | R15                                       | Low-ceiling diuretics: Thiazides, plain                            | Hydrochlorothiazide        | Hexazide 25mg                                 |
|                                |  |   |  |                            | Ridaq 12.5mg                                  |
|                                | R25                                    | R25                                       | Low-ceiling diuretics: excluding Thiazides                         | Indapamide                 | Adco-Dapamax 2.5mg                            |
|                                |  |   |  |                            | Catexan 2.5mg                                 |
|                                |  |   |  |                            | Cipla-Indapamide 2.5mg                        |
|                                |  |   |  |                            | Dapril 2.5mg                                  |
|                                |  |   |  |                            | Mylan Indapamide 2.5mg                        |
| R120                           | R120                                   | Potassium sparing agents                  | Spironolactone   | Aldactone 25mg             |   |
|                                |  |   |  | Sandoz Spironolactone 25mg |   |
|                                |  |   |  | Spiractin 25mg             |   |

| Chronic Disease List condition               | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                                       | Active ingredient                             | Medicine name and strength  |                 |
|--|--|---|--|---|---|-----------------|
| Cardiomyopathy                               | R110                                   | R110                                      | Potassium supplements                                | Potassium chloride                            | Plenish K 600mg   |                 |
|  |  |   |  |   | Ultipot 600mg   |                 |
|  | R195                                   | R195                                      | Vasodilators in cardiac disease:<br>Organic nitrates | Isosorbide dinitrate                          | Sandoz Isosorbide dinitrate 5mg; 10mg   |                 |
|  |  |   |  |   | Isosorbide mononitrate  | Ismo 20mg       |
|  |  |   |  |   |   | Monicor SR 60mg |
|  | R100                                   | R100                                      | Influenza vaccines                                   | Influenza, purified antigen                   | Influvac 0.5ml  |                 |
|  |  |   |  |   | Vaxigrip single dose 0.5ml pre-filled   |                 |
| R175   | R175                                   | Pneumococcus vaccines                     | Pneumococcus, purified polysaccharides antigen       | Pneumovax vaccine                             |   |                 |
| Chronic obstructive pulmonary disease (COPD) | R40                                    | R40                                       | Adrenergics:<br>Short acting - Salbutamol            | Salbutamol                                    | Asthavent ecohaler 200 dose 100mcg  |                 |
|  |  |   |  |   | Venteze CFC free 200 dose 100mcg<br><b>(Only Executive and Comprehensive Plans)</b> |                 |
|  |  |   |  |   | Ventimax CFC free 200 dose 100mcg   |                 |
|  | R110                                   | R165                                      | Anti-asthmatics:<br>Systemic Xanthines               | Theophylline                                  | Sandoz Theophylline anhydrous 200mg; 300mg  |                 |
|  | R260                                   | R260                                      | Inhaled anticholinergics:<br>Ipratropium bromide     | Ipratropium bromide                           | Atrovent HFA 200 dose 20mcg   |                 |
|  |  |   |  |   | Ipvent HFA 200 dose 40mcg/dose  |                 |
|  | R215                                   | R215                                      | Salbutamol and Ipratropium bromide                   | Salbutamol and Ipratropium bromide            | Duolin HFA 200 dose   |                 |
|  | R827                                   | R827                                      | Surgical item:<br>Oxygen concentrator                | Oxygen  | Oxygen concentrator rental  |                 |
|  | R20                                    | R20                                       | Systemic Corticosteroids:<br>Prednisone              | Prednisone                                    | Be-Tabs Prednisone 5mg  |                 |
|  |  |   |  |   | Panafcort 5mg   |                 |
| Trolic 5mg                                   |  |   |  |   |   |                 |
| R100   | R100                                   | Influenza vaccines                        | Influenza, purified antigen                          | Influvac 0.5ml                                |   |                 |
|  |  |   |  | Vaxigrip single dose 0.5ml pre-filled         |   |                 |
| Chronic renal disease                        | R90                                    | R100                                      | ACE inhibitors and diuretics                         | Enalapril and diuretics 20/12.5mg             |   |                 |
|  |  |   |  | Lisinopril and diuretics 10/12.5mg; 20/12.5mg |   |                 |

| Chronic Disease List condition  | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class               | Active ingredient         | Medicine name and strength   |
|---|--|---|------------------------------|---------------------------|--|
| Chronic renal disease   | R90                                    | R100                                      | ACE inhibitors and diuretics | Lisinopril and diuretics  | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg                                 |
|   |  |   |                              |                           | Lisoretic 10/12.5mg; 20/12.5mg   |
|   |  |   |                              |                           | Lisozide 10/12.5mg; 20/12.5mg  |
|   |  |   |                              |                           | Zestoretic 10/12.5mg; 20/12.5mg  |
|   |  |   |                              | Perindopril and diuretics | Bioprexum Plus 10/2.5mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|   |  |   |                              |                           | Ciplasyl Plus 4/1.25mg   |
|   |  |   |                              |                           | Circator Plus 4/1.25mg   |
|   |  |   |                              |                           | Pearinda Plus 4/1.25mg   |
|   |  |   |                              |                           | Perindopril co Unicorn 4/1.25mg  |
|   |  |   |                              |                           | Prexum Plus 5/1.25mg   |
|   | Vectoryl Plus 4/1.25mg                 |   |                              |                           |  |
|   | R75                                    | R85                                       | ACE inhibitors: Plain        | Captopril                 | Bio-Captopril 25mg   |
|   |  |   |                              |                           | Mylan Captopril 25mg; 50mg   |
|   |  |   |                              | Enalapril                 | Alapren 5mg; 10mg; 20mg  |
|   |  |   |                              |                           | Enalapril Unicorn 10mg; 20mg   |
|   |  |   |                              |                           | Hypace 5mg   |
|   |  |   |                              | Lisinopril                | Adco-Zetomax 5mg; 10mg; 20mg   |
|   |  |   |                              |                           | Austell-Lisinopril 10mg; 20mg  |
|   |  |   |                              |                           | Sinopren 5mg; 10mg; 20mg   |
|   |  |   |                              | Perindopril               | Circator 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b>       |
| Pearinda 8mg<br><b>(Only Executive and Comprehensive Plans)</b>                 |  |   |                              |                           |  |
| Perindopril Unicorn 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b> |  |   |                              |                           |  |
| Prexum 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b>             |  |   |                              |                           |  |
| Ran-Perindopril 4mg   |  |   |                              |                           |  |



| Chronic Disease List condition | CDA for Priority, Core and Saver Plans                          | CDA for Executive and Comprehensive Plans | Medicine class                           | Active ingredient         | Medicine name and strength  |   |
|--------------------------------|---|---|--|---------------------------|---|---|
| Chronic renal disease          | R75   | R85                                       | ACE inhibitors: Plain                    | Perindopril               | Reprex 4mg; 8mg   |   |
|                                |   |   |  |                           | Spec-Perindopril 8mg<br><b>(Only Executive and Comprehensive Plans)</b>   |   |
|                                |   |   |  |                           | Vectoryl 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b>  |   |
|                                |   |   |  |                           | Zyace 4mg   |   |
|                                |   |   |  |                           | Quinapril   | Accumax 10mg; 20mg<br><b>(Not available on KeyCare Plans)</b> |
|                                | R90   | R100                                      | Angiotensin II antagonists: Combinations | Losartan and diuretics    | Co-Normoten 50/12.5mg; 100/25mg   |   |
|                                |   |   |  |                           | Losaar Plus 50/12.5mg; 100/25mg   |   |
|                                |   |   |  |                           | Netrasol co 100/25mg  |   |
|                                |   |   |  |                           | Zartan co 100/25mg  |   |
|                                |   |   |  | Telmisartan and diuretics | Telpres Plus 40/12.5mg; 80/12.5mg<br><b>(Only Executive and Comprehensive Plans)</b>  |   |
|                                |   |   |  | Valsartan and diuretics   | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg<br><b>(Only Executive and Comprehensive Plans)</b><br>Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |
|                                | R75   | R110                                      | Angiotensin II antagonists: Plain        | Irbesartan                | Jubitan 150mg; 300mg<br><b>(Not available on KeyCare Plans)</b>   |   |
|                                |   |   |  | Losartan                  | Annin 50mg<br><b>(Not available on KeyCare Plans)</b>   |   |
|                                |   |   |  |                           | Annin 100mg   |   |
|                                |   |   |  |                           | Ciplazar 100mg<br><b>(Only Executive and Comprehensive Plans)</b>   |   |
|                                |   |   |  |                           | Normoten 100mg<br><b>(Only Executive and Comprehensive Plans)</b>   |   |
|                                | Zartan 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |  |                           |   |   |
| R300                           | R300  | Calcium supplements                       | Calcium carbonate                        | B-cal                     |   |   |
| R10                            | R10   | Folic acid and derivatives                | Folic acid                               | Be-Tabs Folic acid 5mg    |   |   |
|                                |   |   |  | Folic acid 5mg            |   |   |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans   | CDA for Executive and Comprehensive Plans | Medicine class                  | Active ingredient                        | Medicine name and strength   |
|--------------------------------|--|---|---------------------------------|--|--|
| Chronic renal disease          | R50  | R50                                       | Iron in other combinations      | Ferrous fumarate                         | Pregamal   |
|                                | R535   | R535                                      | Iron, parenteral preparations   | Iron, parenteral preparations            | Cosmofer ampoule 2ml 50mg/1ml  |
|                                |  |   |                                 |  | Equifer ampoule 5ml 100mg/5ml  |
|                                |  |   |                                 |  | Rautevene ampoule 5ml 100mg/5ml  |
|                                |  |   |                                 |  | Sucrofer 5ml 20mg/1ml  |
|                                |  |   |                                 |  | Zypiron vial 5ml 20mg/1ml  |
|                                | R3 340   | R3 340                                    | Other anti-anaemic preparations | Darbepoetin Alfa                         | Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml   |
|                                |  |   |                                 |  | Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml   |
|                                |  |   |                                 |  | Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml   |
|                                |  |   |                                 |  | Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml   |
|                                |  |   |                                 |  | Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml   |
|                                |  |   |                                 |  | Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml   |
|                                |  |   |                                 |  | Aranesp prefilled syringe 0.4ml 80mcg/0.4ml  |
|                                |  |   |                                 |  | Aranesp prefilled syringe 0.5ml 100mcg/0.5ml   |
|                                |  |   |                                 | Erythropoietin                           | Eprex pre-fill 2000U/0.5ml   |
|                                |  |   |                                 |  | Eprex pre-fill 4000U/0.4ml   |
|                                |  |   |                                 |  | Repotin ampoule 1ml 2000U; 4000U   |
|                                |  |   |                                 | Methoxy polyethylene glycol-epoetin beta | Mircera pre-filled syringe 0.3ml 30mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b>  |
|                                |  |   |                                 |  | Mircera pre-filled syringe 0.3ml 50mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b>  |
|                                |  |   |                                 |  | Mircera pre-filled syringe 0.3ml 75mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b>  |
|                                |  |   |                                 |  | Mircera pre-filled syringe 0.3ml 100mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b> |
|                                | Mircera pre-filled syringe 0.3ml 120mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b> |   |                                 |  |  |
|                                | Mircera pre-filled syringe 0.3ml 150mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b> |   |                                 |  |  |

| Chronic Disease List condition                | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class  | Active ingredient   | Medicine name and strength   |
|---|--|---|---|---|--|
| Chronic renal disease                         | R3 340                                 | R3 340                                    | Other anti-anaemic preparations                                 | Methoxy polyethylene glycol-epoetin beta                                      | Mircera pre-filled syringe 0.3ml 200mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b> |
|   |  |   |   |   | Mircera pre-filled syringe 0.3ml 250mcg/0.3ml<br><b>(Not available on KeyCare Plans)</b> |
|   | R430                                   | R430                                      | Vitamin D and analogues   | Alfacalcidol  | One alpha 0.25mcg; 1mcg  |
| Coronary artery disease                       | R30                                    | R35                                       | Aspirin   | Acetylsalicylic acid  | Aspirin Teva 80mg  |
|   |  |   |   |   | Myoprin 100mg  |
|   | R85                                    | R200                                      | Beta blocking agents: Non-selective                             | Propranolol   | Indoblok 40mg  |
|   |  |   |   |   | Purbloka 40mg  |
|   | R75                                    | R85                                       | Beta blocking agents: Selective                                 | Atenolol  | Adco-Atenolol 50mg; 100mg  |
|   |  |   |   |   | B-Block 100mg  |
|   |  |   |   |   | Tenopress 50mg; 100mg  |
|   | R205                                   | R250                                      | Selective calcium channel blockers with direct cardiac effects  | Diltiazem   | Adco-Zildem 60mg   |
|   |  |   |   |   | Adco-Zildem SR 180mg; 240mg  |
|   |  |   |   | Verapamil   | Vasomil 40mg; 80mg   |
|   |  |   |   |   | Verahexal SR 240mg   |
|   | R100                                   | R130                                      | Selective calcium channel blockers with mainly vascular effects | Amlodipine  | Amlodipine Unicorn 5mg; 10mg   |
|   |  |   |   |   | Amtas 5mg; 10mg  |
|   |  |   |   |   | Aprate 5mg; 10mg   |
|   |  |   |   |   | Austell-Amlodipine 5mg; 10mg   |
|   |  |   |   |   | Gulf Amlodipine 5mg; 10mg  |
| Lomanor 5mg; 10mg                             |  |   |   |   |  |
| Pendine 5mg; 10mg                             |  |   |   |   |  |
| Pharma Dynamics Amlodipine besylate 5mg; 10mg |  |   |   |   |  |
| Felodipine                                    |  |   |   | Felodipine-Hexal 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b> |  |
|   |  |   |   | Plendil 2.5mg; 5mg<br><b>(Only Executive and Comprehensive Plans)</b>         |  |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class  | Active ingredient      | Medicine name and strength  |
|--------------------------------|--|---|---|------------------------|---|
| Coronary artery disease        | R100                                   | R130                                      | Selective calcium channel blockers with mainly vascular effects           | Nifedipine             | Cipalat Retard 20mg   |
|                                | R195                                   | R195                                      | Vasodilators in Cardiac Disease:<br>Organic nitrates                      | Isosorbide dinitrate   | Sandoz Isosorbide dinitrate 5mg; 10mg   |
|                                |  |   |   | Isosorbide mononitrate | Ismo 20mg<br>Monicor SR 60mg  |
| Crohn's disease                | R10                                    | R10                                       | Folic acid and derivatives  | Folic acid             | Be-Tabs Folic acid 5mg  |
|                                |  |   |   |                        | Folic acid 5mg  |
|                                | R810                                   | R810                                      | Intestinal anti-inflammatories:<br>Aminosalicylic acid and similar agents | Mesalazine             | Asacol 400mg; 800mg   |
|                                |  |   |   |                        | Mezavant 1200mg   |
|                                |  |   |   |                        | Pentasa 500mg   |
|                                |  |   |   |                        | Pentasa suppository 1000mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                |  |   |   |                        | Salofalk 1000mg   |
|                                |  |   |   |                        | Sulfasalazine   |
|                                | R1 940                                 | R1 940                                    | Intestinal anti-inflammatories:<br>Corticosteroids                        | Budesonide             | Entocord enema<br><b>(Only Executive and Comprehensive Plans)</b>             |
|                                | R775                                   | R775                                      | Other immuno-suppressive agents:<br>Azathioprine                          | Azathioprine           | Azamun 50mg   |
|                                |  |   |   |                        | Azathioprine PCH 50mg   |
|                                | R110                                   | R110                                      | Other immuno-suppressive agents:<br>Methotrexate                          | Methotrexate           | Abitrexate 2.5mg  |
| Methotrexate 2.5mg             |  |   |   |                        |   |
| R20                            | R20                                    | Systemic Corticosteroids:<br>Prednisone   | Prednisone  | Be-Tabs Prednisone 5mg |   |
|                                |  |   |   | Panafcort 5mg          |   |
|                                |  |   |   | Trolic 5mg             |   |
| Diabetes insipidus             | R1 450                                 | R1 700                                    | Posterior pituitary hormones: Vasopressin and analogues                   | Desmopressin           | Ddavn 0.1mg; 0.2mg  |
|                                |  |   |   |                        | Ddavn nasal spray 5ml 0.1mg/1ml   |

| Chronic Disease List condition   | CDA for Priority, Core and Saver Plans   | CDA for Executive and Comprehensive Plans       | Medicine class   | Active ingredient | Medicine name and strength   |
|--|--|---|--|-------------------|--|
| Diabetes mellitus Type 1   | <p>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***<br/>           The overall monthly limit for Priority, Core and Saver Plans is R700.<br/>           The overall monthly limit for Executive and Comprehensive Plans is R720.</p> |   |  |                   |  |
|  | R460   | R530  | Anti-diabetic agents: Fast-acting Insulins   | Insulin Glulisine | Apidra - cartridge 3ml   |
|  |  |   |  | Insulin Human     | Biosulin r - cartridge 3ml   |
|  |  |   |  |                   | Humulin r - cartridge 3ml; vial 10ml   |
|  | Insulin Lispro   | Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml |  |                   |  |
|  | R700   | R720  | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Aspart    | Novomix 30 - flexpen 3ml<br><b>(Only Executive and Comprehensive Plans)</b>      |
|  |  |   |  | Insulin Human     | Actraphane hm(ge) - vial 10ml<br><b>(Only Executive and Comprehensive Plans)</b> |
|  |  |   |  |                   | Biosulin 30-70 - cartridge 3ml   |
|  |  |   |  |                   | Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml                            |
|  |  |   |  | Insulin Lispro    | Humalog mix 25 - cartridge 3ml; vial 10ml  |
|  |  |   |  |                   | Humalog mix 25 - kwikpen 3ml<br><b>(Only Executive and Comprehensive Plans)</b>  |
|  |  |   |  |                   | Humalog mix 50 - cartridge 3ml   |
|  | Humalog mix 50 - kwikpen 3ml<br><b>(Only Executive and Comprehensive Plans)</b>  |   |  |                   |  |
|  | R435   | R465  | Anti-diabetic agents: Intermediate-acting Insulins   | Insulin Human     | Biosulin l - cartridge 3ml   |
|  |  |   |  |                   | Biosulin n - cartridge 3ml   |
|  |  |   |  |                   | Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml                                |
|  | R460   | R555  | Anti-diabetic agents: Long-acting Insulins   | Insulin Detemir   | Levemir - pre-filled cartridge 3ml<br><b>(Not available on KeyCare Plans)</b>    |
|  |  |   |  | Insulin Glargine  | Basaglar - cartridge 3ml<br><b>(Not available on KeyCare Plans)</b>              |
|  |  |   |  |                   | Basaglar - pre-filled pen 3ml<br><b>(Only Executive and Comprehensive Plans)</b> |
|  |  |   |  |                   | Optisulin - cartridge 3ml<br><b>(Not available on KeyCare Plans)</b>             |
| Optisulin - pen 3ml<br><b>(Only Executive and Comprehensive Plans)</b> |  |   |  |                   |  |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                             | Active ingredient    | Medicine name and strength   |
|--------------------------------|--|---|--|----------------------|--|
| Diabetes mellitus Type 1       | R460                                   | R555                                      | Anti-diabetic agents: Long-acting Insulins | Insulin Glargine     | Toujeo - pen 1.5ml<br><b>(Only Executive and Comprehensive Plans)</b>          |
|                                | R30                                    | R35                                       | Aspirin                                    | Acetylsalicylic acid | Aspirin Teva 80mg  |
|                                |  |   |  |                      | Myoprin 100mg  |
|                                | R200                                   | R280                                      | Blood glucose monitoring agents            | Glucose strips       | Accu chek instant strip  |
|                                |  |   |  |                      | Freestyle strip optium glucose test<br><b>(Not available on KeyCare Plans)</b> |
|                                |  |   |  |                      | Strip accu check glucose active<br><b>(Not available on KeyCare Plans)</b>     |
|                                |  |   |  |                      | Test caresens n glucose strips 29g   |
|                                |  |   |  |                      | Test fora diamond blood glucose strip  |
|                                |  |   |  |                      | Test glucocheck<br><b>(Not available on KeyCare Plans)</b>                     |
|                                |  |   |  |                      | Test strip blood glucose clicks bionime gs550                                  |
|                                |  |   |  |                      | Test strip glucose contour plus  |
|                                |  |   |  |                      | Test strip glucose contour ts  |
|                                |  |   |  |                      | Test strip glucose glucocheck key  |
|                                |  |   |  |                      | Test strip glucose on call plus ez   |
|                                |  |   |  |                      | Test strip onetouch select<br><b>(Not available on KeyCare Plans)</b>          |
|                                |  |   |  |                      | Test strip onetouch select plus<br><b>(Not available on KeyCare Plans)</b>     |
|                                | R350                                   | R350                                      | Surgical item                              | Lancets              | Lancet blood collection needle loris   |
|                                |  |   |  |                      | Lancet fora collection needle sterile 30g                                      |
|                                |  |   |  |                      | Lancet fora tender needle sterile 33g  |
|                                |  |   |  |                      | Lancet freestyle test  |
| Lancet glucocheck novicheck    |  |   |  |                      |  |
| Lancet oncall glucose          |  |   |  |                      |  |
| Lancet solus v2                |  |   |  |                      |  |
| Lancet unilet sterile 28g      |  |   |  |                      |  |

| Chronic Disease List condition  | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans  | Medicine class    | Active ingredient                               | Medicine name and strength                  |                                       |                                  |           |                               |
|---|--|--|-------------------|---|---|---------------------------------------|----------------------------------|-----------|-------------------------------|
| Diabetes mellitus Type 1  | R350                                   | R350                                       | Surgical item     | Lancets   | Lancet unilet sterile 4cm x 6cm x 7.5cm 28g |                                       |                                  |           |                               |
|   |  |  |                   |   | Microlet lancet                             |                                       |                                  |           |                               |
|   |  |  |                   | Needles   | Droplet pen needle 8mm 31g                  |                                       |                                  |           |                               |
|   |  |  |                   |   | Needle insulin pen bd microfine 30g 8mm     |                                       |                                  |           |                               |
|   |  |  |                   |   | Needle insulin pen bd microfine 31g 5mm     |                                       |                                  |           |                               |
|   |  |  |                   |   | Needle insulin pen bd microfine tw 32g 4mm  |                                       |                                  |           |                               |
|   |  |  |                   |   | Needle novofine                             |                                       |                                  |           |                               |
|   |  |  |                   |   | Syringes                                    | Syringe insulin 1.0ml with 27g needle |                                  |           |                               |
|   |  |  |                   | Syringe insulin bd microfine 0.3ml 30g 8mm demi |   |                                       |                                  |           |                               |
|   |  |  |                   | Syringe insulin bd microfine 1ml 30g 8mm        |   |                                       |                                  |           |                               |
|   |  |  |                   | Syringe insulin bd microfine 1ml 9g 12.7mm      |   |                                       |                                  |           |                               |
|   |  |  |                   | Diabetes mellitus Type 2                        | R65   | R65                                   | Anti-diabetic agents: Biguanides | Metformin | Accord Metformin 500mg; 850mg |
|   |  |  |                   |   |   |                                       |                                  |           | Apex-Metformin 500mg          |
| Austell-Metformin 500mg; 850mg  |  |  |                   |   |   |                                       |                                  |           |                               |
| Bigsens 500mg; 850mg; 1000mg  |  |  |                   |   |   |                                       |                                  |           |                               |
| Diamin 500mg; 850mg   |  |  |                   |   |   |                                       |                                  |           |                               |
| Diaphage 500mg; 850mg; 1000mg   |  |  |                   |   |   |                                       |                                  |           |                               |
| Gluconorm 500mg; 850mg  |  |  |                   |   |   |                                       |                                  |           |                               |
| Metored 1000mg  |  |  |                   |   |   |                                       |                                  |           |                               |
| Mylan Metformin 1000mg  |  |  |                   |   |   |                                       |                                  |           |                               |
| Romidab 500mg; 850mg; 1000mg  |  |  |                   |   |   |                                       |                                  |           |                               |
| Sandoz Metformin 500mg  |  |  |                   |   |   |                                       |                                  |           |                               |
| <p><b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***</b><br/> <b>The overall monthly limit for Priority, Core and Saver Plans is R700.</b><br/> <b>The overall monthly limit for Executive and Comprehensive Plans is R720.</b></p> |  |  |                   |   |   |                                       |                                  |           |                               |
| R460  | R530                                   | Anti-diabetic agents: Fast-acting Insulins | Insulin Glulisine | Apidra - cartridge 3ml                          |   |                                       |                                  |           |                               |
|   |  |  | Insulin Human     | Biosulin r - cartridge 3ml                      |   |                                       |                                  |           |                               |

| Chronic Disease List condition   | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans            | Medicine class   | Active ingredient   | Medicine name and strength   |
|--|--|--|--|---------------------|--|
| Diabetes mellitus Type 2   | R460                                   | R530   | Anti-diabetic agents: Fast-acting Insulins   | Insulin Human       | Humulin r - cartridge 3ml; vial 10ml   |
|  |  |  |  | Insulin Lispro      | Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml                                  |
|  | R700                                   | R720   | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Aspart      | Novomix 30 - flexpen 3ml<br><b>(Only Executive and Comprehensive Plans)</b>      |
|  |  |  |  | Insulin Human       | Actraphane hm(ge) - vial 10ml<br><b>(Only Executive and Comprehensive Plans)</b> |
|  |  |  |  |                     | Biosulin 30-70 - cartridge 3ml   |
|  |  |  |  |                     | Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml                            |
|  |  |  |  | Insulin Lispro      | Humalog mix 25 - cartridge 3ml; vial 10ml  |
|  |  |  |  |                     | Humalog mix 25 - kwikpen 3ml<br><b>(Only Executive and Comprehensive Plans)</b>  |
|  |  |  |  |                     | Humalog mix 50 - cartridge 3ml   |
|  |  |  |  |                     | Humalog mix 50 - kwikpen 3ml<br><b>(Only Executive and Comprehensive Plans)</b>  |
|  | R435                                   | R465   | Anti-diabetic agents: Intermediate-acting Insulins   | Insulin Human       | Biosulin l - cartridge 3ml   |
|  |  |  |  |                     | Biosulin n - cartridge 3ml   |
|  |  |  |  |                     | Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml                                |
|  | R460                                   | R555   | Anti-diabetic agents: Long-acting Insulins   | Insulin Detemir     | Levemir - prefilled cartridge 3ml<br><b>(Not available on KeyCare Plans)</b>     |
|  |  |  |  | Insulin Glargine    | Basaglar - cartridge 3ml<br><b>(Not available on KeyCare Plans)</b>              |
|  |  |  |  |                     | Basaglar - pre-filled pen 3ml<br><b>(Only Executive and Comprehensive Plans)</b> |
|  |  |  |  |                     | Optisulin - cartridge 3ml<br><b>(Not available on KeyCare Plans)</b>             |
| Optisulin - pen 3ml<br><b>(Only Executive and Comprehensive Plans)</b> |  |  |  |                     |  |
| Toujeo - pen 1.5ml<br><b>(Only Executive and Comprehensive Plans)</b>  |  |  |  |                     |  |
| R150   | R150                                   | Anti-diabetic agents: Sulfonamides, urea derivatives | Gliclazide   | Diagluclide MR 60mg |  |
|  |  |  |  | Diaran MR 30mg      |  |



| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                                       | Active ingredient                         | Medicine name and strength  |
|--------------------------------|--|---|--|---|---|
| Diabetes mellitus Type 2       | R150                                   | R150                                      | Anti-diabetic agents: Sulfonamides, urea derivatives | Gliclazide                                | Dyna Gliclazide SR 30mg   |
|                                |  |   |  |   | Gliclazide Unicorn MR 30mg  |
|                                |  |   |  |   | Glytab MR 30mg  |
|                                | R200                                   | R215                                      | Anti-diabetic agents: Thiazolidinediones             | Pioglitazone                              | Accord Pioglitazone 15mg; 30mg; 45mg  |
|                                |  |   |  |   | Pioglitazone hydrochloride Macleods 15mg; 30mg                              |
|                                | R30                                    | R35                                       | Aspirin  | Acetylsalicylic acid                      | Aspirin Teva 80mg   |
|                                |  |   |  |   | Myoprin 100mg   |
|                                | R200                                   | R280                                      | Blood glucose monitoring agents                      | Glucose strips                            | Accu chek instant strip   |
|                                |  |   |  |   | Freestyle strip optium glucose test <b>(Not available on KeyCare Plans)</b> |
|                                |  |   |  |   | Strip accu check glucose active <b>(Not available on KeyCare Plans)</b>     |
|                                |  |   |  |   | Test caresens n glucose strips 29g  |
|                                |  |   |  |   | Test fora diamond blood glucose strip                                       |
|                                |  |   |  |   | Test glucocheck <b>(Not available on KeyCare Plans)</b>                     |
|                                |  |   |  |   | Test strip blood glucose clicks bionime gs550                               |
|                                |  |   |  |   | Test strip glucose contour plus   |
|                                |  |   |  |   | Test strip glucose contour ts   |
|                                |  |   |  |   | Test strip glucose glucocheck key   |
|                                |  |   |  |   | Test strip glucose on call plus ez  |
|                                |  |   |  |   | Test strip onetouch select <b>(Not available on KeyCare Plans)</b>          |
|                                |  |   |  |   | Test strip onetouch select plus <b>(Not available on KeyCare Plans)</b>     |
| R350                           | R350                                   | Surgical item                             | Lancets  | Lancet blood collection needle loris      |   |
|                                |  |   |  | Lancet fora collection needle sterile 30g |   |
|                                |  |   |  | Lancet fora tender needle sterile 33g     |   |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans                          | CDA for Executive and Comprehensive Plans     | Medicine class                           | Active ingredient | Medicine name and strength                      |
|--------------------------------|---|---|--|-------------------|---|
| Diabetes mellitus Type 2       | R350  | R350  | Surgical item                            | Lancets           | Lancet freestyle test                           |
|                                |   |   |  |                   | Lancet glucocheck novicheck                     |
|                                |   |   |  |                   | Lancet oncall glucose                           |
|                                |   |   |  |                   | Lancet solus v2                                 |
|                                |   |   |  |                   | Lancet unilet sterile 28g                       |
|                                |   |   |  |                   | Lancet unilet sterile 4cm x 6cm x 7.5cm 28g     |
|                                |   |   |  |                   | Microlet lancet                                 |
|                                |   |   |  | Needles           | Droplet pen needle 8mm 31g                      |
|                                |   |   |  |                   | Needle insulin pen bd microfine 30g 8mm         |
|                                |   |   |  |                   | Needle insulin pen bd microfine 31g 5mm         |
|                                |   |   |  |                   | Needle insulin pen bd microfine tw 32g 4mm      |
|                                |   |   |  |                   | Needle novofine                                 |
|                                |   |   |  | Syringes          | Syringe insulin 1.0ml with 27g needle           |
|                                |   |   |  |                   | Syringe insulin bd microfine 0.3ml 30g 8mm demi |
|                                |   |   |  |                   | Syringe insulin bd microfine 1ml 30g 8mm        |
|                                |   |   |  |                   | Syringe insulin bd microfine 1ml 9g 12.7mm      |
|                                |   |   |  | Dysrhythmia       | R620  |
| Tambocor CR 100mg; 200mg       |   |   |  |                   |   |
| Propafenone                    | Rythmol 150mg; 300mg<br><b>(Not available on KeyCare Plans)</b> |   |  |                   |   |
|                                | R475  | R475  | Anti-arrhythmics: class III - Amiodarone |                   |   |
| Bio-Amiodarone 200mg           |   |   |  |                   |   |
| Hexarone 100mg; 200mg          |   |   |  |                   |   |
| R85                            | R85   | Anti-thrombotic agents: Vitamin K antagonists | Warfarin                                 |                   | Cipla-Warfarin 5mg                              |
| R30                            | R35   | Aspirin                                       | Acetylsalicylic acid                     |                   | Aspirin Teva 80mg                               |
|                                |   |   |  |                   | Myoprin 100mg                                   |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient   | Medicine name and strength  |
|--------------------------------|--|---|--|---------------------|---|
| Dysrhythmia                    | R85                                    | R200                                      | Beta blocking agents:<br>Non-selective                         | Propranolol         | Indoblok 40mg   |
|                                |  |   |  |                     | Purbloka 40mg   |
|                                |  |   |  | Sotalol             | Sotahexal 80mg; 160mg   |
|                                | R75                                    | R85                                       | Beta blocking agents:<br>Selective                             | Atenolol            | Adco-Atenolol 50mg; 100mg   |
|                                |  |   |  |                     | B-Block 100mg   |
|                                |  |   |  |                     | Tenopress 50mg; 100mg   |
|                                | R35                                    | R35                                       | Cardiac glycosides:<br>Digoxin                                 | Digoxin             | Lanoxin 0.0625mg; 0.25mg  |
|                                |  |   |  |                     | Lanoxin paediatric/geriatric syrup 0.05mg/1ml                               |
|                                | R205                                   | R250                                      | Selective calcium channel blockers with direct cardiac effects | Verapamil           | Vasomil 40mg; 80mg  |
|                                |  |   |  |                     | Verahexal SR 240mg  |
| Epilepsy                       | R30                                    | R30                                       | Anti-epileptics:<br>Barbiturates and derivatives               | Phenobarbital       | Lethyl 30mg   |
|                                |  |   |  |                     | Sedabarb 30mg   |
|                                | R185                                   | R285                                      | Anti-epileptics:<br>Benzodiazepine derivatives                 | Clonazepam          | Clonam 0.5mg; 2mg   |
|                                |  |   |  |                     | Rivotril 0.5mg; 2mg   |
|                                | R290                                   | R385                                      | Anti-epileptics:<br>Carboxamide derivatives                    | Carbamazepine       | Degranol 200mg  |
|                                |  |   |  |                     | Tegretol CR 200mg; 400mg  |
|                                |  |   |  |                     | Zeptol 200mg  |
|                                | R490                                   | R490                                      | Anti-epileptics:<br>Fatty acid derivatives                     | Valproic acid       | Convulex 150mg; 300mg   |
|                                |  |   |  |                     | Convulex syrup 250mg/5ml  |
|                                |  |   |  |                     | Epilim crushable 100mg  |
|                                |  |   |  |                     | Epilim sugar-free syrup 200mg/5ml   |
|                                |  |   |  |                     | Epilazine CR 200mg; 300mg; 500mg<br><b>(Not available on KeyCare Plans)</b> |
|                                |  |   |  |                     | Eprolep CR 200mg; 300mg; 500mg  |
|                                |  |   |  |                     | Navalpro CR 200mg; 300mg; 500mg   |
|                                |  |   |  |                     | Valeptic CR 300mg; 500mg  |
| R85                            | R85                                    | Anti-epileptics:<br>Hydantoin derivatives | Phenytoin  | Phenytoin sod 100mg |   |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient     | Medicine name and strength  |   |
|--------------------------------|--|---|--|-----------------------|---|---|
| Epilepsy                       | R335                                   | R335                                      | Anti-epileptics:<br>Other agents                             | Lamotrigine           | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg                             |   |
|                                |  |   |  |                       | Epitec 25mg; 50mg; 100mg; 200mg                                       |   |
|                                |  |   |  |                       | Girotec 50mg; 100mg; 200mg  |   |
|                                |  |   |  |                       | Lamitor 25mg; 50mg; 100mg; 200mg                                      |   |
|                                |  |   |  |                       | Serinem 25mg; 50mg; 100mg; 200mg                                      |   |
|                                |  |   |  | Topiramate            | Epimate 25mg; 50mg; 100mg; 200mg                                      |   |
|                                |  | Epitoz 25mg; 50mg; 100mg                  |  |                       |   |   |
|                                | R10                                    | R10                                       | Folic acid and derivatives                                   | Folic acid            | Be-Tabs Folic acid 5mg  |   |
|                                |  |   |  | Folic acid 5mg        |   |   |
| Glaucoma                       | R185                                   | R215                                      | Anti-glaucoma agents:<br>Carbonic anhydrase inhibitors       | Dorzolamide           | Glaucompress 5ml 2%   |   |
|                                |  |   |  |                       | Trusopt 5ml owi 2%<br><b>(Only Executive and Comprehensive Plans)</b> |   |
|                                | R235                                   | R245                                      | Anti-glaucoma agents:<br>Prostaglandin analogues             | Bimatoprost           | Lumigan 0.01%<br><b>(Only Executive and Comprehensive Plans)</b>      |   |
|                                |  |   |  |                       | Latanoprost   | Atana 2.5ml 50mcg/1ml   |
|                                |  |   |  |                       |   | Spersatan 2.5ml 50mcg/1ml   |
|                                |  |   |  |                       |   | Xalatan 2.5ml 50mcg/1ml<br><b>(Only Executive and Comprehensive Plans)</b>                        |
|                                |  |   |  |                       | Tafluprost  | Saflutan single dose container 0.3ml 15mcg/1ml<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                | R205                                   | R240                                      | Anti-glaucoma agents:<br>Sympathomimetics                    | Brimonidine           | Alphagan purite 5ml 1.5mg/1ml   |   |
|                                |  |   |  |                       | Brimoct 5ml 2mg/1ml   |   |
|                                | R105                                   | R105                                      | Anti-glaucoma Beta blocking agents:<br>Timolol               | Timolol               | Glaucosan 5ml 0.5%  |   |
|                                |  |   |  |                       | Occumol 5ml 0.5%  |   |
|                                | R250                                   | R275                                      | Anti-glaucoma Beta blocking agents:<br>Timolol, combinations | Timolol, combinations | Azarga 5ml  |   |
|                                |  |   |  |                       | Co-Atana 2.5ml  |   |
|                                |  |   |  |                       | Combigan 5ml 2mg/5mg  |   |

| Chronic Disease List condition  | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient       | Medicine name and strength   |
|---------------------------------|--|---|--|-------------------------|--|
| Glaucoma                        | R250                                   | R275                                      | Anti-glaucoma Beta blocking agents:<br>Timolol, combinations | Timolol, combinations   | Cosopt 5ml 0.5%<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                 |  |   |  |                         | Duotrav 2.5ml<br><b>(Only Executive and Comprehensive Plans)</b>   |
|                                 |  |   |  |                         | Ganfort 3ml  |
|                                 |  |   |  |                         | Glaumide-co 5ml  |
|                                 |  |   |  |                         | Glauopt co 5ml   |
|                                 |  |   |  |                         | Ocudor co 5ml  |
|                                 |  |   |  |                         | Xalacom 2.5ml<br><b>(Only Executive and Comprehensive Plans)</b>   |
| Haemophilia                     | R5                                     | R5  | Analgesics:<br>Paracetamol                                   | Paracetamol             | Adco-Napamol 500mg   |
|                                 |  |   |  |                         | Adco-Prolief 500mg   |
|                                 |  |   |  |                         | Cetapon 500mg  |
|                                 |  |   |  |                         | Painogestic 500mg  |
|                                 | R220                                   | R220                                      | Anti-fibrinolytics:<br>Amino acids                           | Tranexamic acid         | Tranexamic acid Medwich 500mg                                      |
|                                 | R50 000                                | R50 000                                   | Blood coagulation factors                                    | Coagulation factor IX   | Haemosolvex IX 500U  |
|                                 |  |   |  |                         | Octanine F vial 30ml 250U; 500U; 1000U                             |
|                                 |  |   |  | Coagulation factor VIII | Haemosolvate VIII 300U; 500U; 1000U                                |
|                                 |  |   |  |                         | Octanate vial 5ml 250U   |
|                                 | R1 450                                 | R1 700                                    | Posterior pituitary hormones: Vasopressin and analogues      | Desmopressin            | Ddavn 0.1mg; 0.2mg   |
| Ddavn nasal spray 5ml 0.1mg/1ml |  |   |  |                         |  |
| Hyperlipidaemia                 | R290                                   | R290                                      | Lipid modifying agents:<br>Fibrates                          | Bezafibrate             | Bezalip Retard 400mg   |
|                                 |  |   |  |                         | Sandoz Bezafibrate 400mg   |
|                                 | R50                                    | R55                                       | Lipid modifying agents:<br>Statins                           | Atorvastatin            | Adco Atorvastatin 10mg; 20mg; 40mg                                 |
|                                 |  |   |  |                         | Aspavor 10mg; 20mg; 40mg; 80mg                                     |
|                                 |  |   |  |                         | Astor 10mg; 20mg; 40mg; 80mg                                       |
|                                 |  |   |  |                         | Atolip 10mg; 20mg; 40mg  |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans                                  | Medicine class                              | Active ingredient          | Medicine name and strength  |      |
|--------------------------------|--|--|---|----------------------------|---|------|
| Hyperlipidaemia                | R50                                    | R55  | Lipid modifying agents: Statins             | Atorvastatin               | Atorvastatin Unicorn 10mg; 20mg; 40mg   |      |
|                                |  |  |   |                            | Atorvastatin Winthrop 10mg; 20mg; 40mg  |      |
|                                |  |  |   |                            | Lestavor 10mg; 20mg; 40mg; 80mg   |      |
|                                |  |  |   |                            | Lipogen 10mg; 20mg; 40mg; 80mg  |      |
|                                |  |  |   |                            | Vastor 10mg; 20mg; 40mg   |      |
|                                |  |  |   | Simvastatin                | Adco-Simvastatin 10mg; 20mg; 40mg   |      |
|                                |  |  |   |                            | Aspen Simvastatin 10mg; 20mg; 40mg  |      |
|                                |  |  |   |                            | Austell-Simvastatin 10mg; 20mg; 40mg  |      |
|                                |  |  |   |                            | Cipla-Simvastatin 40mg  |      |
|                                |  |  |   |                            | Zysim 10mg; 20mg  |      |
| Hypertension                   | R170                                   | R170   | ACE inhibitors and calcium channel blockers | Perindopril and Amlodipine | Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg<br><b>(Only Executive and Comprehensive Plans)</b> |      |
|                                |  |  |   |                            | R90   | R100 |
|                                | Lisinopril and diuretics               | Adco-Zetomax co 10/12.5mg; 20/12.5mg                                       |   |                            |   |      |
|                                |  | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg                                 |   |                            |   |      |
|                                |  | Lisoretic 10/12.5mg; 20/12.5mg   |   |                            |   |      |
|                                |  | Lisozide 10/12.5mg; 20/12.5mg  |   |                            |   |      |
|                                | Zestoretic 10/12.5mg; 20/12.5mg        |  |   |                            |   |      |
|                                | Perindopril and diuretics              | Bioprexum Plus 10/2.5mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |                            |   |      |
|                                |  | Ciplasyl Plus 4/1.25mg   |   |                            |   |      |
|                                |  | Circator Plus 4/1.25mg   |   |                            |   |      |
|                                |  | Pearinda Plus 4/1.25mg   |   |                            |   |      |
|                                |  | Perindopril co Unicorn 4/1.25mg  |   |                            |   |      |
|                                |  | Prexum Plus 5/1.25mg   |   |                            |   |      |
|                                |  | Vectoryl Plus 4/1.25mg   |   |                            |   |      |
|                                | R75                                    | R85  | ACE inhibitors: Plain                       | Captopril                  | Bio-Captopril 25mg  |      |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans                                  | CDA for Executive and Comprehensive Plans                     | Medicine class                              | Active ingredient      | Medicine name and strength  |
|--------------------------------|---|---|---|------------------------|---|
| Hypertension                   | R75   | R85   | ACE inhibitors:<br>Plain                    | Captopril              | Mylan Captopril 25mg; 50mg  |
|                                |   |   |   | Enalapril              | Alapren 5mg; 10mg; 20mg   |
|                                |   |   |   |                        | Enalapril Unicorn 10mg; 20mg  |
|                                |   |   |   |                        | Hypace 5mg  |
|                                |   |   |   | Lisinopril             | Adco-Zetomax 5mg; 10mg; 20mg  |
|                                |   |   |   |                        | Austell-Lisinopril 10mg; 20mg   |
|                                |   |   |   |                        | Sinopren 5mg; 10mg; 20mg  |
|                                |   |   |   | Perindopril            | Circator 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b>            |
|                                |   |   |   |                        | Pearinda 8mg<br><b>(Only Executive and Comprehensive Plans)</b>                 |
|                                |   |   |   |                        | Perindopril Unicorn 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                |   |   |   |                        | Prexum 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b>             |
|                                |   |   |   |                        | Ran-Perindopril 4mg   |
|                                |   |   |   |                        | Reprex 4mg; 8mg   |
|                                | Spec-Perindopril 8mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |   |                        |   |
|                                | Vectoryl 4mg; 8mg<br><b>(Only Executive and Comprehensive Plans)</b>    |   |   |                        |   |
|                                | Zyace 4mg   |   |   |                        |   |
|                                | Quinapril   | Accumax 10mg; 20mg<br><b>(Not available on KeyCare Plans)</b> |   |                        |   |
|                                | R220  | R250  | Alpha and Beta blocking agents              | Carvedilol             | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg   |
|                                |   |   |   |                        | Carvetrend 6.25mg; 12.5mg; 25mg   |
|                                |   |   |   |                        | Vediblok 6.25mg; 12.5mg; 25mg   |
|                                | R90   | R100  | Angiotensin II antagonists:<br>Combinations | Losartan and diuretics | Co-Normoten 50/12.5mg; 100/25mg   |
|                                |   |   |   |                        | Losaar Plus 50/12.5mg; 100/25mg   |
|                                |   |   |   |                        | Netrasol co 100/25mg  |
| Zartan co 100/25mg             |   |   |   |                        |   |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans                          | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient         | Medicine name and strength   |
|--------------------------------|---|---|--|---------------------------|--|
| Hypertension                   | R90   | R100                                      | Angiotensin II antagonists: Combinations                           | Telmisartan and diuretics | Telpres Plus 40/12.5mg; 80/12.5mg<br><b>(Only Executive and Comprehensive Plans)</b>           |
|                                |   |   |  | Valsartan and diuretics   | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                |   |   |  |                           | Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg<br><b>(Only Executive and Comprehensive Plans)</b>  |
|                                | R75   | R110                                      | Angiotensin II antagonists: Plain                                  | Irbesartan                | Jubitan 150mg; 300mg<br><b>(Not available on KeyCare Plans)</b>                                |
|                                |   |   |  | Losartan                  | Annin 50mg<br><b>(Not available on KeyCare Plans)</b>  |
|                                |   |   |  |                           | Annin 100mg  |
|                                |   |   |  |                           | Ciplazar 100mg<br><b>(Only Executive and Comprehensive Plans)</b>                              |
|                                |   |   |  |                           | Normoten 100mg<br><b>(Only Executive and Comprehensive Plans)</b>                              |
|                                | Zartan 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |  |                           |  |
|                                | R185  | R185                                      | Anti-adrenergic agents: Alpha-adrenoreceptor antagonists           | Doxazosin                 | Cardugen 1mg; 4mg  |
|                                |   |   |  |                           | Urodoxa 4mg  |
|                                | R170  | R170                                      | Anti-adrenergic agents: Methyldopa                                 | Methyldopa                | Hypotone 250mg   |
|                                |   |   |  |                           | Mylan Methyldopa 250mg   |
|                                | R35   | R35                                       | Anti-adrenergic agents: Rauwolfia alkaloids                        | Reserpine                 | Reserpine 0.25mg   |
|                                | R100  | R100                                      | Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives | Hydralazine               | Hyperphen 10mg; 50mg   |
|                                |   |   |  |                           | Sandoz Hydralazine 25mg  |
|                                | R85   | R200                                      | Beta blocking agents: Non-selective                                | Propranolol               | Indoblok 40mg  |
| Purbloka 40mg                  |   |   |  |                           |  |
| R75                            | R85   | Beta blocking agents: Selective           | Atenolol   | Adco-Atenolol 50mg; 100mg |  |
|                                |   |   |  | B-Block 100mg             |  |
|                                |   |   |  | Tenopress 50mg; 100mg     |  |
| R20                            | R40   | High-ceiling diuretics                    | Furosemide   | Dino-Retic 40mg           |  |



| Chronic Disease List condition                | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class  | Active ingredient   | Medicine name and strength   |
|---|--|---|---|---------------------|------------------------------|
| Hypertension                                  | R20                                    | R40                                       | High-ceiling diuretics  | Furosemide          | Furobe 40mg                  |
|   |  |   |   |                     | Mylan Furosemide 40mg        |
|   | R15                                    | R15                                       | Low-ceiling diuretics: Thiazides, plain                         | Hydrochlorothiazide | Hexazide 25mg                |
|   |  |   |   |                     | Ridaq 12.5mg                 |
|   | R25                                    | R25                                       | Low-ceiling diuretics: excluding Thiazides                      | Indapamide          | Adco-Dapamax 2.5mg           |
|   |  |   |   |                     | Catexan 2.5mg                |
|   |  |   |   |                     | Cipla-Indapamide 2.5mg       |
|   |  |   |   |                     | Dapril 2.5mg                 |
|   |  |   |   |                     | Mylan Indapamide 2.5mg       |
|   | R120                                   | R120                                      | Potassium sparing agents  | Spironolactone      | Aldactone 25mg               |
|   |  |   |   |                     | Sandoz Spironolactone 25mg   |
|   |  |   |   |                     | Spiractin 25mg               |
|   | R110                                   | R110                                      | Potassium supplements   | Potassium chloride  | Plenish K 600mg              |
|   |  |   |   |                     | Ultipot 600mg                |
|   | R205                                   | R250                                      | Selective calcium channel blockers with direct cardiac effects  | Diltiazem           | Adco-Zildem 60mg             |
|   |  |   |   |                     | Adco-Zildem SR 180mg; 240mg  |
|   |  |   |   | Verapamil           | Vasomil 40mg; 80mg           |
|   |  |   |   |                     | Verahexal SR 240mg           |
|   | R100                                   | R130                                      | Selective calcium channel blockers with mainly vascular effects | Amlodipine          | Amlodipine Unicorn 5mg; 10mg |
|   |  |   |   |                     | Amtas 5mg; 10mg              |
| Aprate 5mg; 10mg                              |  |   |   |                     |                              |
| Austell-Amlodipine 5mg; 10mg                  |  |   |   |                     |                              |
| Gulf Amlodipine 5mg; 10mg                     |  |   |   |                     |                              |
| Lomanor 5mg; 10mg                             |  |   |   |                     |                              |
| Pendine 5mg; 10mg                             |  |   |   |                     |                              |
| Pharma Dynamics Amlodipine besylate 5mg; 10mg |  |   |   |                     |                              |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class  | Active ingredient      | Medicine name and strength  |
|--------------------------------|--|---|---|------------------------|---|
| Hypertension                   | R100                                   | R130                                      | Selective calcium channel blockers with mainly vascular effects | Felodipine             | Felodipine-Hexal 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                |  |   |   |                        | Plendil 2.5mg; 5mg<br><b>(Only Executive and Comprehensive Plans)</b>         |
|                                |  |   |   | Nifedipine             | Cipalat Retard 20mg   |
| Hypothyroidism                 | R45                                    | R45                                       | Thyroid hormones  | Levothyroxine sodium   | Euthyrox 25mcg; 50mcg; 100mcg   |
| Multiple sclerosis             | R90                                    | R90                                       | Anti-depressants: Tricyclics                                    | Amitriptyline          | Gulf Amitriptyline 25mg   |
|                                |  |   |   |                        | Sandoz Amitriptyline 25mg   |
|                                |  |   |   |                        | Trepiline 10mg  |
|                                | R225                                   | R280                                      | Drugs for urinary frequency and incontinence                    | Oxybutynin             | Mylan Oxybutynin 5mg  |
|                                |  |   |   |                        | Oxyrest 5mg   |
|                                | R7 700                                 | R7 700                                    | Interferons   | Interferon beta-1a     | Avonex pre-filled syringe 0.5ml 30mcg/0.5ml                                   |
|                                |  |   |   |                        | Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml                                 |
|                                |  |   |   |                        | Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml                            |
|                                |  |   |   |                        | Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml                                 |
|                                |  |   |   |                        | Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml                            |
|                                |  |   |   |                        | Interferon beta-1b  |
|                                | R1 250                                 | R1 250                                    | Muscle relaxants: Other centrally acting agents                 | Baclofen               | Bio-Baclofen 10mg   |
|                                |  |   |   |                        | Teva Baclofen 10mg  |
| R20                            | R20                                    | Systemic Corticosteroids: Prednisone      | Prednisone  | Be-Tabs Prednisone 5mg |   |
|                                |  |   |   | Panafcort 5mg          |   |
|                                |  |   |   | Trolic 5mg             |   |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans               | Medicine class                                 | Active ingredient  | Medicine name and strength             |                                      |           |                      |
|--------------------------------|--|---|--|--|--|--------------------------------------|-----------|----------------------|
| Parkinson's disease            | R280                                   | R280  | Anticholinergic agents:<br>Tertiary amines     | Biperiden  | Akineton 2mg                           |                                      |           |                      |
|                                | R700                                   | R700  | Dopamine agonists                              | Pramipexole  | Mylan Pramipexole 0.125mg; 0.25mg; 1mg |                                      |           |                      |
|                                |  |   |  |  | Oxpola 0.125mg; 0.25mg; 1mg            |                                      |           |                      |
|                                |  |   |  |  | Pexasp 0.125mg; 0.25mg; 1mg            |                                      |           |                      |
|                                | R280                                   | R280  | Dopaminergic agents:<br>Adamantane derivatives | Amantadine   | Symadin 100mg                          |                                      |           |                      |
|                                | R680                                   | R680  | Levodopa and<br>decarboxylase inhibitor        | Levodopa and<br>decarboxylase<br>inhibitor                                     | Carbilev 25/100mg; 25/250mg            |                                      |           |                      |
|                                |  |   |  |  | Lecardop 25/100mg; 25/250mg            |                                      |           |                      |
|                                |  |   |  |  | Teva Carbi-Levo 25/100mg; 25/250mg     |                                      |           |                      |
|                                | Rheumatoid arthritis                   | R70   | R70  | Anti-inflammatory agents:<br>Acetic acid derivatives<br>and related substances | Diclofenac                             | Adco-Diclofenac 50mg                 |           |                      |
| A-Lennon Diclofenac 25mg; 50mg |  |   |  |  |  |                                      |           |                      |
| Diclofenac Biotech 25mg        |  |   |  |  |  |                                      |           |                      |
| Mylan Diclofenac 25mg; 50mg    |  |   |  |  |  |                                      |           |                      |
| Panamor AT 50mg                |  |   |  |  |  |                                      |           |                      |
| Indomethacin                   |  |   |  |  | Betacin 25mg                           |                                      |           |                      |
|                                |  |   |  |  | Gulf Indomethacin 25mg                 |                                      |           |                      |
|                                |  |   |  |  | Methocaps 25mg                         |                                      |           |                      |
| R60                            |  |   |  |  | R60                                    | Anti-inflammatory agents:<br>Oxicams | Meloxicam | Adco-Meloxicam 15mg  |
|                                |  |   |  |  |  |                                      |           | Apex-Meloxicam 7.5mg |
|                                |  | Flexocam 7.5mg  |  |  |  |                                      |           |                      |
|                                |  | Medoxicam 7.5mg   |  |  |  |                                      |           |                      |
|                                |  | Melzy 7.5mg   |  |  |  |                                      |           |                      |
|                                |  | Piroxicam   | Pyrocaps 20mg                                  |  |  |                                      |           |                      |
|                                |  |   | Roxifen 20mg                                   |  |  |                                      |           |                      |
| R45                            | R45                                    | Anti-inflammatory agents:<br>Propionic acid derivatives | Ibuprofen                                      | Betaprofen 200mg   |  |                                      |           |                      |
|                                |  |   |  | Betaprofen FC 400mg  |  |                                      |           |                      |
|                                |  |   |  | Bren 400mg   |  |                                      |           |                      |

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient      | Medicine name and strength     |
|--------------------------------|--|---|--|------------------------|--------------------------------|
| Rheumatoid arthritis           | R45                                    | R45                                       | Anti-inflammatory agents: Propionic acid derivatives                   | Ibuprofen              | Ibucine 200mg; 400mg           |
|                                |  |   |  |                        | Ibunate 200mg                  |
|                                |  |   |  |                        | Ibusor 200mg                   |
|                                |  |   |  | Naproxen               | Mylan Naproxen 250mg           |
|                                |  |   |  |                        | Naproscript 250mg              |
|                                | R105                                   | R105                                      | Anti-rheumatic agents: Chloroquine                                     | Chloroquine            | Plasmoquine 200mg              |
|                                | R10                                    | R10                                       | Folic acid and derivatives   | Folic acid             | Be-Tabs Folic acid 5mg         |
|                                |  |   |  |                        | Folic acid 5mg                 |
|                                | R810                                   | R810                                      | Intestinal anti-inflammatories: Aminosalicilyc acid and similar agents | Sulfasalazine          | Salazopyrin 500mg              |
|                                |  |   |  |                        | Salazopyrin EN 500mg           |
|                                | R775                                   | R775                                      | Other immuno-suppressive agents: Azathioprine                          | Azathioprine           | Azamun 50mg                    |
|                                |  |   |  |                        | Azathioprine PCH 50mg          |
|                                | R110                                   | R110                                      | Other immuno-suppressive agents: Methotrexate                          | Methotrexate           | Abitrexate 2.5mg               |
| Methotrexate 2.5mg             |  |   |  |                        |                                |
| R20                            | R20                                    | Systemic Corticosteroids: Prednisone      | Prednisone   | Be-Tabs Prednisone 5mg |                                |
|                                |  |   |  | Panafcort 5mg          |                                |
|                                |  |   |  | Trolic 5mg             |                                |
| Schizophrenia                  | R120                                   | R160                                      | Anti-depressants: SSRI's   | Citalopram             | Adco-Talomil 20mg              |
|                                |  |   |  |                        | Arrow Citalopram 40mg          |
|                                |  |   |  |                        | Cilate 20mg                    |
|                                |  |   |  |                        | Citalopram-Winthrop 20mg       |
|                                |  |   |  |                        | Recita 20mg                    |
|                                |  |   |  | Escitalopram           | Accord Escitalopram 10mg; 20mg |
|                                |  |   |  |                        | Dolin 10mg; 20mg               |
|                                |  |   |  |                        | Marprem 20mg                   |

| Chronic Disease List condition                                | CDA for Priority, Core and Saver Plans                                 | CDA for Executive and Comprehensive Plans                       | Medicine class                              | Active ingredient                          | Medicine name and strength  |
|---|--|---|---|--|---|
| Schizophrenia   | R120   | R160  | Anti-depressants:<br>SSRI's                 | Fluoxetine                                 | Deprozan 20mg   |
|   |  |   |   |  | Fluoxetine Actor 20mg   |
|   |  |   |   |  | Prolax 20mg   |
|   |  |   |   |  | Ranflocs 20mg   |
|   |  |   |   |  | Zydus-Fluoxetine 20mg   |
|   |  |   |   | Sertraline                                 | Dyna Sertraline 50mg; 100mg   |
|   |  |   |   |  | Serdep 50mg; 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|   | Serlife 50mg; 100mg<br><b>(Only Executive and Comprehensive Plans)</b> |   |   |  |   |
|   | R290   | R385  | Anti-epileptics:<br>Carboxamide derivatives | Carbamazepine                              | Degranol 200mg  |
|   |  |   |   |  | Tegretol CR 200mg; 400mg  |
|   |  |   |   |  | Zeptol 200mg  |
|   | R615   | R945  | Anti-psychotics:<br>Clozapine               | Clozapine                                  | Aspen Clozapine 25mg; 100mg   |
|   |  |   |   |  | Cloment 25mg; 100mg   |
|   | R600   | R600  | Anti-psychotics:<br>Olanzapine              | Olanzapine                                 | Olawin 5mg; 10mg  |
|   |  |   |   |  | Olawin oradispersible 5mg; 10mg                                       |
|   |  |   |   |  | Prexolan 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>         |
|   |  |   |   |  | Prexolan ODT 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>     |
| Redilanz 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b> |  |   |   |  |   |
| Zolanx 5mg; 10mg  |  |   |   |  |   |
| Zylena 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>   |  |   |   |  |   |
| R400  | R400   | Anti-psychotics:<br>Phenothiazines with<br>aliphatic side-chain | Chlorpromazine                              | Largactil 25mg; 50mg; 100mg                |   |
| R295  | R295   | Anti-psychotics:<br>Quetiapine                                  | Quetiapine                                  | Dopaquel 25mg; 100mg; 200mg; 300mg         |   |
|   |  |   |   | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg |   |

| Chronic Disease List condition     | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans                                      | Medicine class                               | Active ingredient              | Medicine name and strength                |
|------------------------------------|--|--|--|--------------------------------|---|
| Schizophrenia                      | R295                                   | R295   | Anti-psychotics:<br>Quetiapine               | Quetiapine                     | Psyquet 25mg; 100mg; 200mg; 300mg         |
|                                    |  |  |  |                                | Serez 25mg; 100mg; 200mg; 300mg           |
|                                    |  |  |  |                                | Spec Quetiapine 25mg; 100mg; 200mg; 300mg |
|                                    |  |  |  |                                | Zimbiquet 25mg; 100mg; 200mg; 300mg       |
|                                    | R515                                   | R650   | Anti-psychotics:<br>Thioxanthene derivatives | Flupenthixol                   | Fluanxol 0.5mg; 1mg                       |
|                                    |  |  |  |                                | Fluanxol depot 1ml 20mg                   |
|                                    |  |  |  | Zuclopenthixol                 | Clopixol 2mg; 10mg                        |
|                                    |  |  |  |                                | Clopixol depot 200mg                      |
|                                    | R360                                   | R505   | Other anti-psychotics                        | Aripiprazole                   | Arizofy 5mg; 10mg; 15mg                   |
|                                    |  |  |  | Risperidone                    | Risnia 0.5mg; 1mg; 2mg                    |
|                                    |  |  |  |                                | Rispacor 0.5mg; 1mg; 2mg; 3mg             |
|                                    |  |  |  |                                | Rispevon 1mg; 2mg; 3mg; 4mg               |
|                                    |  |  |  |                                | Rispide 0.5mg; 1mg; 2mg                   |
| Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg  |  |  |  |                                |   |
| Systemic lupus erythematosus (SLE) | R70                                    | Anti-inflammatory agents:<br>Acetic acid derivatives<br>and related substances | Diclofenac                                   | Adco-Diclofenac 50mg           |   |
|                                    |  |  |  | A-Lennon Diclofenac 25mg; 50mg |   |
|                                    |  |  |  | Diclofenac Biotech 25mg        |   |
|                                    |  |  |  | Mylan Diclofenac 25mg; 50mg    |   |
|                                    |  |  |  | Panamor AT 50mg                |   |
|                                    |  |  | Indomethacin                                 | Betacin 25mg                   |   |
|                                    |  |  |  | Gulf Indomethacin 25mg         |   |
|                                    |  |  |  | Methocaps 25mg                 |   |
|                                    |  |  | R60  | R60                            | Anti-inflammatory agents:<br>Oxicams      |
|                                    | Apex-Meloxicam 7.5mg                   |  |  |                                |   |
|                                    | Flexocam 7.5mg                         |  |  |                                |   |
|                                    | Medoxicam 7.5mg                        |  |  |                                |   |
|                                    | Melzy 7.5mg                            |  |  |                                |   |

| Chronic Disease List condition     | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                                       | Active ingredient      | Medicine name and strength |                      |
|------------------------------------|--|---|--|------------------------|----------------------------|----------------------|
| Systemic lupus erythematosus (SLE) | R60                                    | R60                                       | Anti-inflammatory agents: Oxicams                    | Piroxicam              | Pyrocaps 20mg              |                      |
|                                    |  |   |  |                        | Roxifen 20mg               |                      |
|                                    | R45                                    | R45                                       | Anti-inflammatory agents: Propionic acid derivatives | Ibuprofen              | Betaprofen 200mg           |                      |
|                                    |  |   |  |                        | Betaprofen FC 400mg        |                      |
|                                    |  |   |  |                        | Bren 400mg                 |                      |
|                                    |  |   |  |                        | Ibucine 200mg; 400mg       |                      |
|                                    |  |   |  |                        | Ibunate 200mg              |                      |
|                                    |  |   |  |                        | Ibusor 200mg               |                      |
|                                    |  |   |  |                        | Naproxen                   | Mylan Naproxen 250mg |
|                                    |  |   |  |                        |                            | Naproscript 250mg    |
|                                    | R105                                   | R105                                      | Anti-rheumatic agents: Chloroquine                   | Chloroquine            | Plasmoquine 200mg          |                      |
|                                    | R85                                    | R85                                       | Anti-thrombotic agents: Vitamin K antagonists        | Warfarin               | Cipla-Warfarin 5mg         |                      |
|                                    | R30                                    | R35                                       | Aspirin  | Acetylsalicylic acid   | Aspirin Teva 80mg          |                      |
|                                    |  |   |  |                        | Myoprin 100mg              |                      |
|                                    | R25                                    | R25                                       | Emollients and protectives: Zinc products            | Zinc products          | Zinc ointment bp           |                      |
|                                    | R10                                    | R10                                       | Folic acid and derivatives                           | Folic acid             | Be-Tabs Folic acid 5mg     |                      |
|                                    |  |   |  |                        | Folic acid 5mg             |                      |
|                                    | R775                                   | R775                                      | Other immuno-suppressive agents: Azathioprine        | Azathioprine           | Azamun 50mg                |                      |
|                                    |  |   |  |                        | Azathioprine PCH 50mg      |                      |
|                                    | R110                                   | R110                                      | Other immuno-suppressive agents: Methotrexate        | Methotrexate           | Abitrexate 2.5mg           |                      |
| Methotrexate 2.5mg                 |  |   |  |                        |                            |                      |
| R20                                | R20                                    | Systemic Corticosteroids: Prednisone      | Prednisone   | Be-Tabs Prednisone 5mg |                            |                      |
|                                    |  |   |  | Panafcort 5mg          |                            |                      |
|                                    |  |   |  | Trolic 5mg             |                            |                      |

| Chronic Disease List condition     | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class  | Active ingredient      | Medicine name and strength   |
|------------------------------------|--|---|---|------------------------|--|
| Systemic lupus erythematosus (SLE) | R25                                    | R25                                       | Topical Corticosteroids: Group III                                    | Betamethasone          | Repivate cream 0.1%  |
|                                    |  |   |   |                        | Topivate cream 0.1%  |
|                                    |  |   |   |                        | Vari-Betamethasone cream 0.1%  |
| Ulcerative colitis                 | R10                                    | R10                                       | Folic acid and derivatives  | Folic acid             | Be-Tabs Folic acid 5mg   |
|                                    |  |   |   |                        | Folic acid 5mg   |
|                                    | R810                                   | R810                                      | Intestinal anti-inflammatory: Aminosalicyclic acid and similar agents | Mesalazine             | Asacol 400mg; 800mg  |
|                                    |  |   |   |                        | Mezavant 1200mg  |
|                                    |  |   |   |                        | Pentasa 500mg  |
|                                    |  |   |   |                        | Pentasa suppository <b>(Only Executive and Comprehensive Plans)</b> 1000mg |
|                                    |  |   |   |                        | Salofalk 1000mg  |
|                                    |  |   |   |                        | Sulfasalazine  |
|                                    | R1 940                                 | R1 940                                    | Intestinal anti-inflammatory: Corticosteroids                         | Budesonide             | Entocord enema <b>(Only Executive and Comprehensive Plans)</b>             |
|                                    |  |   |   |                        |  |
|                                    | R775                                   | R775                                      | Other immuno-suppressive agents: Azathioprine                         | Azathioprine           | Azamun 50mg  |
|                                    |  |   |   |                        | Azathioprine PCH 50mg  |
|                                    | R110                                   | R110                                      | Other immuno-suppressive agents: Methotrexate                         | Methotrexate           | Abitrexate 2.5mg   |
| Methotrexate 2.5mg                 |  |   |   |                        |  |
| R20                                | R20                                    | Systemic Corticosteroids: Prednisone      | Prednisone  | Be-Tabs Prednisone 5mg |  |
|                                    |  |   |   | Panafcort 5mg          |  |
|                                    |  |   |   | Trolic 5mg             |  |



## The CDL Enhanced Medicine list (for all plan types)

The CDL Enhanced medicine list applies to all Discovery Health Medical Scheme Plans for the 2020 benefit year. The CDA (Chronic Drug Amount) **does not** apply to the KeyCare and Smart Plans.

| Chronic Disease List condition | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                                       | Active ingredient   | Medicine name and strength   |      |      |   |             |                                       |
|--------------------------------|--|---|--|---|--|------|------|---|-------------|---------------------------------------|
| Asthma                         | R260                                   | R280                                      | Anti-asthmatics:<br>Leukotriene receptor antagonists | Montelukast   | Kulair 4mg; 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b>   |      |      |   |             |                                       |
|                                |  |   |  |   | Lumont 4mg; 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>           |      |      |   |             |                                       |
|                                |  |   |  |   | Monteflo 4mg; 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b> |      |      |   |             |                                       |
|                                |  |   |  |   | Sintair 4mg; 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b>  |      |      |   |             |                                       |
|                                |  |   |  |   | Sintrine 4mg; 5mg; 10mg<br><b>(Not available on KeyCare Plans)</b>         |      |      |   |             |                                       |
|                                |  |   |  |   | Topraz 4mg; 5mg; 10mg<br><b>(Only Executive and Comprehensive Plans)</b>   |      |      |   |             |                                       |
|                                | R100                                   | R100                                      | Nasal Corticosteroids                                | Beclomethasone  | Beclate aquanase 150 dose 50mcg  |      |      |   |             |                                       |
|                                |  |   |  |   | Clenil aqueous 200 dose 50mcg  |      |      |   |             |                                       |
|                                |  |   |  | Fluticasone   | Flomist 120 dose 50mcg<br><b>(Not available on KeyCare Plans)</b>          |      |      |   |             |                                       |
|                                |  |   |  |   | Flonase 120 dose 50mcg<br><b>(Not available on KeyCare Plans)</b>          |      |      |   |             |                                       |
|                                |  |   |  |   | Chronic obstructive pulmonary disease (COPD)                               | R195 | R195 | Adrenergics:<br>Long acting - Formoterol        | Formoterol  | Foratec HFA 120 dose 12mcg/dose       |
|                                |  |   |  |   |  | R430 | R430 | Adrenergics:<br>Ultra long acting - Indacaterol | Indacaterol | Onbrez breezhaler (30 caps & inhaler) |
| R265                           | R265                                   | Formoterol and Budesonide                 | Formoterol and Budesonide                            | Symbicord turbohaler 60 dose 160/4.5mcg   |  |      |      |   |             |                                       |
|                                |  |   |  | Symbicord turbohaler 60 dose 320/9mcg<br><b>(Not available on KeyCare Plans)</b>    |  |      |      |   |             |                                       |
|                                |  |   |  | Symbicord turbohaler 120 dose 160/4.5mcg<br><b>(Not available on KeyCare Plans)</b> |  |      |      |   |             |                                       |
|                                |  |   |  | Vannair 120 dose 80/4.5mcg; 160/4.5mcg<br><b>(Not available on KeyCare Plans)</b>   |  |      |      |   |             |                                       |
| R265                           | R265                                   | Formoterol and Mometasone                 | Formoterol and Mometasone                            | Dulera 120 dose 100/5mcg; 200/5mcg  |  |      |      |   |             |                                       |

| Chronic Disease List condition               | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class   | Active ingredient  | Medicine name and strength   |
|--|--|---|--|--|--|
| Chronic obstructive pulmonary disease (COPD) | R545                                   | R545                                      | Indacaterol and Glycopyrronium bromide                     | Indacaterol and Glycopyrronium bromide   | Ultibro breezhaler (30 caps & inhaler)   |
|  | R450                                   | R450                                      | Inhaled anticholinergics: Glycopyrronium bromide           | Glycopyrronium bromide   | Seebri breezhaler (30 caps & inhaler)  |
|  | R545                                   | R545                                      | Inhaled anticholinergics: Tiotropium bromide               | Tiotropium bromide   | Forvent (refill) 18mcg   |
|  | R265                                   | R265                                      | Salmeterol and Fluticasone                                 | Salmeterol and Fluticasone   | Foxair accuhaler 60 dose 50/100; 50/250<br><b>(Not available on KeyCare Plans)</b> |
|  |  |   |  |  | Foxair accuhaler 60 dose 50/500<br><b>(Only Executive and Comprehensive Plans)</b> |
|  |  |   |  |  | Sereflo HFA 120 dose 25/50   |
|  |  |   |  |  | Sereflo HFA 120 dose 25/125; 25/250<br><b>(Not available on KeyCare Plans)</b>     |
| R265   | R265                                   | Vilanterol and Fluticasone combinations   | Vilanterol and Fluticasone furoate                         | Relvar ellipta 30 dose 92/22mcg<br><b>(Only Executive and Comprehensive Plans)</b> |  |
| Chronic renal disease                        | R255                                   | R255                                      | Hepatitis B vaccine  | Hepatitis B, purified antigen  | Euvax b vial 1ml 20mcg/1ml   |
|  |  |   |  |  | Heberbio hbv sgl dose 1ml adult 20mcg/1ml  |
| Coronary artery disease                      | R235                                   | R235                                      | Anti-thrombotic agents: Clopidogrel                        | Clopidogrel  | Clopidogrel 75 Biotech 75mg<br><b>(Not available on KeyCare Plans)</b>             |
|  |  |   |  |  | Clopidogrel Unicorn 75mg<br><b>(Not available on KeyCare Plans)</b>                |
|  |  |   |  |  | Pharma Dynamics Clopidogrel 75mg<br><b>(Not available on KeyCare Plans)</b>        |
|  |  |   |  |  | Plagrol 75mg   |
|  |  |   |  |  | Zyklot 75mg<br><b>(Not available on KeyCare Plans)</b>                             |
| Diabetes mellitus Type 2                     | R685                                   | R685                                      | Anti-diabetic agents: Other, excluding Insulins, Exenatide | Exenatide  | Byetta disposable pen 1.2ml 60 dose 5mcg/dose                                      |
|  |  |   |  |  | Byetta disposable pen 2.4ml 60 dose 10mcg/dose                                     |

| Chronic Disease List condition     | CDA for Priority, Core and Saver Plans | CDA for Executive and Comprehensive Plans | Medicine class                                   | Active ingredient | Medicine name and strength  |
|------------------------------------|--|---|--|-------------------|---|
| Diabetes mellitus Type 2           | R150                                   | R215                                      | Dipeptidyl peptidase inhibitors:<br>Saxagliptin  | Saxagliptin       | Onglyza 2.5mg; 5mg<br><b>(Not available on KeyCare Plans)</b>                     |
|                                    | R150                                   | R215                                      | Dipeptidyl peptidase inhibitors:<br>Vildagliptin | Vildagliptin      | Jalra 50mg<br><b>(Not available on KeyCare Plans)</b>                             |
| Rheumatoid arthritis               | R60                                    | R285                                      | Anti-inflammatory agents:<br>Coxibs              | Celecoxib         | Celecoxib Unicorn 100mg; 200mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                    |  |   |  |                   | Coxleon 100mg; 200mg<br><b>(Only Executive and Comprehensive Plans)</b>           |
| Systemic lupus erythematosus (SLE) | R60                                    | R285                                      | Anti-inflammatory agents:<br>Coxibs              | Celecoxib         | Celecoxib Unicorn 100mg; 200mg<br><b>(Only Executive and Comprehensive Plans)</b> |
|                                    |  |   |  |                   | Coxleon 100mg; 200mg<br><b>(Only Executive and Comprehensive Plans)</b>           |

## Chronic Drug Amounts for the Executive and Comprehensive Plans

The Chronic Drug Amounts below apply to the Executive Plan and Comprehensive Plans for non-CDL conditions.

| Non- Chronic Disease List condition | Chronic Drug Amount | Medicine class or medicine   |
|-------------------------------------|---------------------|--|
| Ankylosing spondylitis              | R70                 | Anti-inflammatory agents - Acetic acid derivatives and related substances                  |
|                                     | R40                 | Anti-inflammatory agents - Butylpyrazolidines  |
|                                     | R285                | Anti-inflammatory agents - Coxibs  |
|                                     | R60                 | Anti-inflammatory agents - Fenamates   |
|                                     | R60                 | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
|                                     | R60                 | Anti-inflammatory agents - Oxicams   |
|                                     | R45                 | Anti-inflammatory agents - Propionic acid derivatives                                      |
|                                     | R10                 | Folic acid and derivatives   |
|                                     | R810                | Intestinal anti-inflammatories - Aminosalicic acid and similar agents                      |
|                                     | R775                | Other immunosuppressive agents - Azathioprine  |
|                                     | R110                | Other immunosuppressive agents - Methotrexate  |
|                                     | R110                | Potassium supplements  |
|                                     | R4 200              | Selective immunosuppressive agents   |
|                                     | R270                | Systemic Corticosteroids - Betamethasone   |
| Behcet's disease                    | R360                | Alkylating agents - Nitrogen mustard analogues   |
|                                     | R775                | Other immunosuppressive agents - Azathioprine  |
|                                     | R110                | Potassium supplements  |
|                                     | R4 200              | Selective immunosuppressive agents   |
|                                     | R270                | Systemic Corticosteroids - Betamethasone   |
| Cystic fibrosis                     | R485                | Adrenergics - Long acting - Salmeterol   |
|                                     | R40                 | Adrenergics - Short acting - Salbutamol  |
|                                     | R345                | Anti-bacterial agents, Systemic  |
|                                     | R515                | Anti-fungal agents, Systemic   |
|                                     | R7 296              | Digestive enzymes  |

| <b>Non- Chronic Disease List condition</b> | <b>Chronic Drug Amount</b> | <b>Medicine class or medicine</b>   |
|--|----------------------------|---|
| Cystic fibrosis                            | R300                       | Drugs for constipation  |
|  | R245                       | Mucolytics  |
|  | R650                       | Nutritional supplements   |
|  | R110                       | Other plain vitamin preparations  |
|  | R110                       | Potassium supplements   |
|  | R100                       | Sodium Chloride for nebulisation  |
|  | R270                       | Systemic Corticosteroids - Betamethasone  |
|  | R430                       | Vitamin D and analogues   |
| Delusional disorder                        | R280                       | Anticholinergic agents - Tertiary amines  |
|  | R720                       | Anti-depressants - MAOI's - Non-selective   |
|  | R160                       | Anti-depressants - SSRI's   |
|  | R90                        | Anti-depressants - Tricyclics   |
|  | R400                       | Anti-psychotics - Phenothiazines with aliphatic side-chain                              |
|  | R500                       | Other anti-depressants - Augmenters - Trazodone   |
|  | R715                       | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin     |
|  | R380                       | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine   |
|  | R640                       | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine               |
|  | R490                       | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion       |
|  | R485                       | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
|  | R285                       | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine     |
|  | R485                       | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine    |
|  | R480                       | Other anti-depressants - Vortioxetine   |
| Dermatopolymyositis                        | R105                       | Anti-rheumatic agents - Chloroquine   |
|  | R10                        | Folic acid and derivatives  |
|  | R775                       | Other immunosuppressive agents - Azathioprine   |
|  | R110                       | Other immunosuppressive agents - Methotrexate   |

| Non- Chronic Disease List condition | Chronic Drug Amount | Medicine class or medicine  |
|-------------------------------------|---------------------|---|
| Dermatopolymyositis                 | R110                | Potassium supplements   |
|                                     | R4 200              | Selective immunosuppressive agents  |
|                                     | R270                | Systemic Corticosteroids - Betamethasone  |
| Generalised anxiety disorder        | R720                | Anti-depressants - MAOI's - Non-selective   |
|                                     | R160                | Anti-depressants - SSRI's   |
|                                     | R90                 | Anti-depressants - Tricyclics   |
|                                     | R500                | Other anti-depressants - Augmenters - Trazodone   |
|                                     | R715                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin     |
|                                     | R380                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine   |
|                                     | R640                | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine               |
|                                     | R490                | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion       |
|                                     | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
|                                     | R285                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine     |
|                                     | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine    |
|                                     | R480                | Other anti-depressants - Vortioxetine   |
| Huntington's disease                | R720                | Anti-depressants - MAOI's - Non-selective   |
|                                     | R160                | Anti-depressants - SSRI's   |
|                                     | R90                 | Anti-depressants - Tricyclics   |
|                                     | R285                | Anti-epileptics - Benzodiazepine derivatives  |
|                                     | R385                | Anti-epileptics - Carboxamide derivatives   |
|                                     | R490                | Anti-epileptics - Fatty acid derivatives  |
|                                     | R85                 | Anti-epileptics - Hydantoin derivatives   |
|                                     | R335                | Anti-epileptics - Other agents  |
|                                     | R690                | Anti-epileptics - Succinimide derivatives   |
|                                     | R345                | Anti-psychotics - Lithium   |
|                                     | R400                | Anti-psychotics - Phenothiazines with aliphatic side-chain                              |

| Non- Chronic Disease List condition                           | Chronic Drug Amount | Medicine class or medicine  |
|---|---------------------|---|
| Huntington's disease  | R500                | Other anti-depressants - Augmenters - Trazodone   |
|   | R715                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin     |
|   | R380                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine   |
|   | R640                | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine               |
|   | R490                | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion       |
|   | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
|   | R285                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine     |
|   | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine    |
|   | R480                | Other anti-depressants - Vortioxetine   |
| Isolated growth hormone deficiency in children under 18 years | R11 335             | Anterior Pituitary hormones - Somatropin and somatropin agonists                        |
| Major depression  | R280                | Anticholinergic agents - Tertiary amines  |
|   | R720                | Anti-depressants - MAOI's - Non-selective   |
|   | R160                | Anti-depressants - SSRI's   |
|   | R90                 | Anti-depressants - Tricyclics   |
|   | R385                | Anti-epileptics - Carboxamide derivatives   |
|   | R490                | Anti-epileptics - Fatty acid derivatives  |
|   | R85                 | Anti-epileptics - Hydantoin derivatives   |
|   | R335                | Anti-epileptics - Other agents  |
|   | R690                | Anti-epileptics - Succinimide derivatives   |
|   | R505                | Anti-psychotics - Benzamides  |
|   | R345                | Anti-psychotics - Lithium   |
|   | R650                | Anti-psychotics - Thioxanthene derivatives  |
|   | R500                | Other anti-depressants - Augmenters - Trazodone   |
|   | R480                | Other anti-depressants - Melatonergic agents - Agomelatine                              |
|   | R715                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin     |

| <b>Non- Chronic Disease List condition</b>        | <b>Chronic Drug Amount</b> | <b>Medicine class or medicine</b>   |
|---|----------------------------|---|
| Major depression                                  | R380                       | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine   |
|   | R640                       | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine               |
|   | R490                       | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion       |
|   | R485                       | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
|   | R285                       | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine     |
|   | R485                       | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine    |
|   | R480                       | Other anti-depressants - Vortioxetine   |
| Motor neurone disease                             | R90                        | Anti-depressants - Tricyclics   |
|   | R285                       | Anti-epileptics - Benzodiazepine derivatives  |
|   | R685                       | Muscle relaxants - Carbamic acid esters   |
|   | R6 230                     | Other nervous system drugs  |
| Muscular dystrophy and other inherited myopathies | R285                       | Anti-epileptics - Benzodiazepine derivatives  |
|   | R685                       | Muscle relaxants - Carbamic acid esters   |
|   | R110                       | Potassium supplements   |
|   | R270                       | Systemic Corticosteroids - Betamethasone  |
| Myasthenia gravis                                 | R360                       | Alkylating agents - Nitrogen mustard analogues  |
|   | R10                        | Folic acid and derivatives  |
|   | R775                       | Other immunosuppressive agents - Azathioprine   |
|   | R110                       | Other immunosuppressive agents - Methotrexate   |
|   | R1 850                     | Parasympathomimetics - Anticholinesterases  |
|   | R110                       | Potassium supplements   |
|   | R4 200                     | Selective immunosuppressive agents  |
|   | R270                       | Systemic Corticosteroids - Betamethasone  |
| Obsessive compulsive disorder                     | R280                       | Anticholinergic agents - Tertiary amines  |
|   | R720                       | Anti-depressants - MAOI's - Non-selective   |
|   | R160                       | Anti-depressants - SSRI's   |



| Non- Chronic Disease List condition | Chronic Drug Amount                   | Medicine class or medicine  |
|-------------------------------------|---------------------------------------|---|
| Obsessive compulsive disorder       | R90                                   | Anti-depressants - Tricyclics   |
|                                     | R385                                  | Anti-epileptics - Carboxamide derivatives   |
|                                     | R490                                  | Anti-epileptics - Fatty acid derivatives  |
|                                     | R85                                   | Anti-epileptics - Hydantoin derivatives   |
|                                     | R335                                  | Anti-epileptics - Other agents  |
|                                     | R690                                  | Anti-epileptics - Succinimide derivatives   |
|                                     | R345                                  | Anti-psychotics - Lithium   |
|                                     | R500                                  | Other anti-depressants - Augmenters - Trazodone   |
|                                     | R715                                  | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin     |
|                                     | R380                                  | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine   |
|                                     | R640                                  | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine               |
|                                     | R490                                  | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion       |
|                                     | R485                                  | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
|                                     | R285                                  | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine     |
|                                     | R485                                  | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine    |
| R480                                | Other anti-depressants - Vortioxetine |   |
| Osteoporosis                        | R575                                  | Anti-parathyroid agents - Calcitonin preparations                                       |
|                                     | R300                                  | Drugs treating bone disorders - Bisphosphonates   |
|                                     | R300                                  | Other drugs treating bone disorders   |
|                                     | R700                                  | Selective estrogen receptor modulators  |
| Paget's disease                     | R300                                  | Drugs treating bone disorders - Bisphosphonates   |
| Panic disorder                      | R720                                  | Anti-depressants - MAOI's - Non-selective   |
|                                     | R160                                  | Anti-depressants - SSRI's   |
|                                     | R90                                   | Anti-depressants - Tricyclics   |
|                                     | R500                                  | Other anti-depressants - Augmenters - Trazodone   |
|                                     | R715                                  | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin     |

| Non- Chronic Disease List condition | Chronic Drug Amount | Medicine class or medicine  |
|-------------------------------------|---------------------|---|
| Panic disorder                      | R380                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine   |
|                                     | R640                | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine               |
|                                     | R490                | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion       |
|                                     | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
|                                     | R285                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine     |
|                                     | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine    |
|                                     | R480                | Other anti-depressants - Vortioxetine   |
| Polyarteritis nodosa                | R105                | Anti-rheumatic agents - Chloroquine   |
|                                     | R10                 | Folic acid and derivatives  |
|                                     | R810                | Intestinal anti-inflammatories - Aminosalicylic acid and similar agents                 |
|                                     | R775                | Other immunosuppressive agents - Azathioprine   |
|                                     | R110                | Other immunosuppressive agents - Methotrexate   |
|                                     | R110                | Potassium supplements   |
|                                     | R270                | Systemic Corticosteroids - Betamethasone  |
| Post traumatic stress disorder      | R720                | Anti-depressants - MAOI's - Non-selective   |
|                                     | R160                | Anti-depressants - SSRI's   |
|                                     | R90                 | Anti-depressants - Tricyclics   |
|                                     | R500                | Other anti-depressants - Augmenters - Trazodone   |
|                                     | R715                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin     |
|                                     | R380                | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine   |
|                                     | R640                | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine               |
|                                     | R490                | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion       |
|                                     | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
|                                     | R285                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine     |
|                                     | R485                | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine    |
|                                     | R480                | Other anti-depressants - Vortioxetine   |

| Non- Chronic Disease List condition | Chronic Drug Amount | Medicine class or medicine   |
|-------------------------------------|---------------------|--|
| Psoriatic arthritis                 | R70                 | Anti-inflammatory agents - Acetic acid derivatives and related substances                  |
|                                     | R40                 | Anti-inflammatory agents - Butylpyrazolidines  |
|                                     | R285                | Anti-inflammatory agents - Coxibs  |
|                                     | R60                 | Anti-inflammatory agents - Fenamates   |
|                                     | R60                 | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
|                                     | R60                 | Anti-inflammatory agents - Oxicams   |
|                                     | R45                 | Anti-inflammatory agents - Propionic acid derivatives                                      |
|                                     | R105                | Anti-rheumatic agents - Chloroquine  |
|                                     | R10                 | Folic acid and derivatives   |
|                                     | R810                | Intestinal anti-inflammatories - Aminosalicilic acid and similar agents                    |
|                                     | R775                | Other immunosuppressive agents - Azathioprine  |
|                                     | R110                | Other immunosuppressive agents - Methotrexate  |
|                                     | R110                | Potassium supplements  |
|                                     | R270                | Systemic Corticosteroids - Betamethasone   |
| Pulmonary interstitial fibrosis     | R485                | Adrenergics - Long acting - Salmeterol   |
|                                     | R40                 | Adrenergics - Short acting - Salbutamol  |
|                                     | R360                | Alkylating agents - Nitrogen mustard analogues   |
|                                     | R105                | Anti-rheumatic agents - Chloroquine  |
|                                     | R10                 | Folic acid and derivatives   |
|                                     | R260                | Inhaled anticholinergics - Ipratropium bromide   |
|                                     | R265                | Inhaled Glucocorticoids  |
|                                     | R810                | Intestinal anti-inflammatories - Aminosalicilic acid and similar agents                    |
|                                     | R775                | Other immunosuppressive agents - Azathioprine  |
|                                     | R110                | Other immunosuppressive agents - Methotrexate  |
|                                     | R110                | Potassium supplements  |
|                                     | R270                | Systemic Corticosteroids - Betamethasone   |
| Sjogren's syndrome                  | R70                 | Anti-inflammatory agents - Acetic acid derivatives and related substances                  |

| Non- Chronic Disease List condition | Chronic Drug Amount | Medicine class or medicine   |
|-------------------------------------|---------------------|--|
| Sjogren's syndrome                  | R40                 | Anti-inflammatory agents - Butylpyrazolidines  |
|                                     | R285                | Anti-inflammatory agents - Coxibs  |
|                                     | R60                 | Anti-inflammatory agents - Fenamates   |
|                                     | R60                 | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
|                                     | R60                 | Anti-inflammatory agents - Oxicams   |
|                                     | R45                 | Anti-inflammatory agents - Propionic acid derivatives                                      |
|                                     | R105                | Anti-rheumatic agents - Chloroquine  |
|                                     | R110                | Other immunosuppressive agents - Methotrexate  |
|                                     | R100                | Other urologicals  |
|                                     | R270                | Systemic Corticosteroids - Betamethasone   |
| Systemic sclerosis                  | R360                | Alkylating agents - Nitrogen mustard analogues   |
|                                     | R70                 | Anti-inflammatory agents - Acetic acid derivatives and related substances                  |
|                                     | R40                 | Anti-inflammatory agents - Butylpyrazolidines  |
|                                     | R285                | Anti-inflammatory agents - Coxibs  |
|                                     | R60                 | Anti-inflammatory agents - Fenamates   |
|                                     | R60                 | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
|                                     | R60                 | Anti-inflammatory agents - Oxicams   |
|                                     | R45                 | Anti-inflammatory agents - Propionic acid derivatives                                      |
|                                     | R2 185              | Anti-metabolites - Purine analogues  |
|                                     | R105                | Anti-rheumatic agents - Chloroquine  |
|                                     | R1 300              | Anti-rheumatic agents - Penicillamine and similar agents                                   |
|                                     | R10                 | Folic acid and derivatives   |
|                                     | R775                | Other immunosuppressive agents - Azathioprine  |
|                                     | R110                | Other immunosuppressive agents - Methotrexate  |
|                                     | R110                | Potassium supplements  |
|                                     | R190                | Proton pump inhibitors   |

| Non- Chronic Disease List condition | Chronic Drug Amount | Medicine class or medicine                                      |
|-------------------------------------|---------------------|---|
| Systemic sclerosis                  | R130                | Selective calcium channel blockers with mainly vascular effects |
|                                     | R270                | Systemic Corticosteroids - Betamethasone                        |
| Wegener's granulomatosis            | R10                 | Folic acid and derivatives                                      |
|                                     | R775                | Other immunosuppressive agents - Azathioprine                   |
|                                     | R110                | Other immunosuppressive agents - Methotrexate                   |
|                                     | R110                | Potassium supplements   |
|                                     | R270                | Systemic Corticosteroids - Betamethasone                        |

## Contact us

Tel (Members): 0860 99 88 77, Tel (Health partner): 0860 44 55 66, PO Box 784262, Sandton, 2146, [www.discovery.co.za](http://www.discovery.co.za), 1 Discovery Place, Sandton, 2196.

## Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

### 1 | STEP 1 – TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

### 2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

### 3 | STEP 3 – TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

## 4 | STEP 4 - TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com) 0861 123 267 | [www.medicalschemes.com](http://www.medicalschemes.com)